



**THE 47TH  
ANNUAL**

**JUMBO**

**BUFFS**

**MARATHON**

**SUNDAY 1 MARCH 2020**

<b>MARATHON:</b>	<b>06h00</b>	<b>R200</b>	<b>R180</b>
<b>HALF MARATHON:</b>	<b>06h00</b>	<b>R160</b>	<b>R140</b>

**CLOSING DATE FOR ENTRIES: Tuesday 25 Feb 2020**

ONLINE ENTRIES AVAILABLE AT [WWW.ENTRYTICKETS.NET/BUFFS](http://WWW.ENTRYTICKETS.NET/BUFFS). R20 discount per entry when entering online





# RULES & INSTRUCTIONS

1. Online entries at [www.entrytickets.net/buffs](http://www.entrytickets.net/buffs) close at midday on 25 Feb 2020.  
Online entries will receive a R20 discount per entry.
2. Manual entries can be made at participating Jumbo stores until midday on 25 Feb 2020.

## PARTICIPATING JUMBO STORES:

East London: Shop 1 Arcadia Park, 18 Bowls Road, Arcadia, East London ..... 043 722 2418

Mthatha: Shop 74 Ngebs City Mall, Errol Spring Road, ..... 047 531 0371

3. **Please bring proof of entry and payment to registration (applies to all entries).**
4. **No bank deposits or faxed entries will be accepted.**
5. **Monies not refundable for non-participation in the event for whatever reason.**
6. **All entrants must collect their race numbers, T-shirt, temporary numbers at registration between 11h00 and 17h00 at Buffs Club on Saturday, 29 Feb 2020 and NOT at the start.**

7. The race is run in strict accordance with the rules of the IAAF, Athletics South Africa and Border Athletics.
8. The marathon is a qualifier for Two Oceans and Comrades.
9. All foreign athletes must comply with IAAF rule 4.2.
10. All marathon participants must be 20 years or older and 16 years or older for the half.
11. Athletes are responsible for their own accommodation.
12. a) No animals are allowed on the course. b) No earphones allowed.
13. Age category tags must be worn on front and back to qualify for category prizes.
14. Seconding tables are provided. Personal seconding is only allowed 100m either side of the tables.
15. Prize giving will be at approximately 11h30.
16. There will be lucky draw prizes and participants must have entered the event and be present at the prize giving to claim.
19. No queries will be attended to on race day.

**Closing date for entries: Tuesday 25 Feb 2020 @ Midday**



[www.buffaloroadrunners.co.za](http://www.buffaloroadrunners.co.za)

RACE QUERIES: Meta Scott ✉ [metascott@telkomsa.net](mailto:metascott@telkomsa.net) ☎ 081 487 4984

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# PRIZES

MEN & WOMEN	1st	2nd	3rd
OPEN	R1000	R750	R500
35-39	R500	R300	R200
40-49	R500	R300	R200
50-59	R500	R300	R200
60+	R500	R300	R200
HALF MARATHON	R400	R250	R150

## LUCKY DRAW 5x<sup>R</sup>100

### RACE INFORMATION

1. The marathon starts on the N6, 3 km on the Stutterheim side of Macleantown, the 21 km starts at the marathon halfway (near Python Park) and both end at the Buffs Club.
2. The cut-off time for both events will be at 12h00 at the finish. All marshals and other support will be removed from the route at this time.
3. Random drug testing may be done which will then result in prize monies only being paid when all tests are confirmed.
4. Parking will be provided below the club.
5. Athletes to wear the race number on the front with ASA Licence showing above, the temp license goes on the back.
6. Gold, Silver and Bronze medals to Marathon age category winners. Gold, Silver and Bronze medals only awarded to 1st, 2nd and 3rd lady and man in the Half Marathon.
7. Silver medals will be given to marathon runners finishing within 3 hours, bronze medals to the rest of the marathon finishers.
8. Medals to marathon finishers only – no medals to half-marathon runners
9. Buffs Marathon supports the #runclean campaign. Athletes are urged to keep the route clean of litter.



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**Sunday  
1 March  
2020**