



Jumbo Buffs Marathon 10 March 2019



Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
1	1	1	Open	711	Luthando	Hejana	Male	Old Mutual Athletic Club	2:22:27.453	-	03:22 min/km
2	2	2	Open	934	John	April	Male	Nedbank Running Club East London	2:25:58.562	+03:31.109	03:27 min/km
3	1	3	35-39	394	Siya	Mqambeli	Male		2:26:28.091	+04:00.638	03:28 min/km
4	2	4	35-39	360	Bulelani	Mgubo	Male	Buffalo Runners Athletics Club	2:27:42.956	+05:15.503	03:30 min/km
5	3	5	Open	239	Gordon	Lesetedi	Male		2:30:03.190	+07:35.737	03:33 min/km
6	1	6	40-49	385	Moseunyane	Morapalla	Male		2:31:11.885	+08:44.432	03:34 min/km
7	3	7	35-39	428	Xolisa	Ndlumbini	Male	Vukani Multisport Club	2:32:17.941	+09:50.488	03:36 min/km
8	4	8	35-39	152	Paul	Gerrard	Male	Randburg Harriers	2:33:05.802	+10:38.349	03:37 min/km
9	4	9	Open	495	Malixole	Kalideni	Male	Old Selbornian Road Runners	2:33:30.948	+11:03.495	03:38 min/km
10	5	10	Open	383	Professor	Mollen	Male		2:34:30.130	+12:02.677	03:39 min/km
11	6	11	Open	301	Andile	Maqele	Male		2:35:15.274	+12:47.821	03:40 min/km
12	5	12	35-39	11	David	Ashworth	Male		2:35:23.984	+12:56.531	03:40 min/km
13	7	13	Open	314	Neil	Massey	Male		2:36:39.079	+14:11.626	03:42 min/km
14	6	14	35-39	246	Mcoseleli	Luyaba	Male		2:37:36.891	+15:09.438	03:44 min/km
15	8	15	Open	128	Muhle	Fanteni	Male		2:39:02.080	+16:34.627	03:46 min/km
16	7	16	35-39	509	Shaun	Osburn	Male		2:39:12.531	+16:45.078	03:46 min/km
17	8	17	35-39	909	Andile	Stuli	Male	Real Gajimas	2:40:17.510	+17:50.057	03:47 min/km
18	9	18	35-39	500	Nkosinathi	Nzingo	Male	Nedbank Running Club East London	2:40:28.174	+18:00.721	03:48 min/km
19	2	19	40-49	571	Xolisile	Sinkintana	Male	Nedbank Running Club East London	2:40:32.714	+18:05.261	03:48 min/km
20	9	20	Open	256	Hlomay	Macheza	Male		2:40:49.133	+18:21.680	03:48 min/km
21	10	21	Open	831	Ntobeko	Xiniwe	Male	Old Selbornian Road Runners	2:40:56.890	+18:29.437	03:48 min/km
22	3	22	40-49	285	Anele	Maliza	Male	Nedbank Running Club East London	2:42:19.679	+19:52.226	03:50 min/km
23	4	23	40-49	675	Mndeni	Zulu	Male	Oxford Striders	2:42:43.370	+20:15.917	03:51 min/km
24	11	24	Open	524	Masivuye	Poswa	Male	Born 2 Run AC Border	2:43:15.412	+20:47.959	03:52 min/km
25	5	25	40-49	304	Zingisile	Marikeni	Male	Nedbank Running Club East London	2:43:49.566	+21:22.113	03:52 min/km
26	12	26	Open	403	Edumisa	Mtoli	Male	Nedbank Running Club East London	2:43:57.815	+21:30.362	03:53 min/km
27	1	1	Open	10	Ann	Ashworth	Female		2:43:58.126	+21:30.673	03:53 min/km
28	13	27	Open	730	Sandile	Madlala	Male	Nedbank Running Club East London	2:45:51.570	+23:24.117	03:55 min/km
29	14	28	Open	634	Masibulele	Tshibo	Male	Nedbank Running Club East London	2:48:12.888	+25:45.435	03:59 min/km
30	6	29	40-49	443	Sizwe	Ngqoba	Male	Real Gajimas	2:48:53.286	+26:25.833	04:00 min/km
31	7	30	40-49	486	Xolani	Nteyi	Male	Vukani Multisport Club	2:49:44.142	+27:16.689	04:01 min/km
32	8	31	40-49	517	Robert	Petschel	Male		2:49:44.788	+27:17.335	04:01 min/km
33	15	32	Open	761	Thandalwethu	Nobatana	Male	Old Mutual Athletic Club	2:49:47.450	+27:19.997	04:01 min/km
34	16	33	Open	489	Xolisa	Ntombini	Male	SABC Athletic Club	2:49:53.847	+27:26.394	04:01 min/km
35	10	34	35-39	783	Msinidisi	Tapolisi	Male	Real Gajimas	2:50:41.447	+28:13.994	04:02 min/km
36	9	35	40-49	451	Sandiso	Ngxishe	Male	Nelson Mandela Bay Municipality AC	2:51:59.673	+29:32.220	04:04 min/km
37	2	2	Open	582	Stephanie	Smith	Female		2:52:00.699	+29:33.246	04:04 min/km
38	11	36	35-39	807	Peter	Chiwaya	Male	Oxford Striders	2:52:05.032	+29:37.579	04:04 min/km
39	17	37	Open	86	Raymond	De Klerk	Male	Oxford Striders	2:52:36.336	+30:08.883	04:05 min/km
40	10	38	40-49	849	Wandile	Funde	Male	Nedbank Running Club East London	2:52:49.007	+30:21.554	04:05 min/km
41	12	39	35-39	209	Gift	Kelehe	Male		2:53:27.168	+30:59.715	04:06 min/km
42	13	40	35-39	873	Samuel	Luqongo	Male	Oxford Striders	2:54:19.614	+31:52.161	04:07 min/km
43	3	3	Open	188	Deanniz	Horn	Female	Nedbank Running Club - Gauteng North	2:54:20.967	+31:53.514	04:07 min/km
44	14	41	35-39	350	Zukisani	Mfiki	Male	Old Mutual Athletics Club	2:54:28.842	+32:01.389	04:08 min/km
45	11	42	40-49	471	Daryl	North	Male	Achilles AAA	2:54:53.058	+32:25.605	04:08 min/km
46	18	43	Open	389	Phumlani	Mpanana	Male		2:55:45.114	+33:17.661	04:09 min/km
47	15	44	35-39	538	Stuart	Rawlinson	Male		2:55:48.603	+33:21.150	04:09 min/km
48	4	4	Open	539	Janine	Rawlinson	Female		2:55:50.023	+33:22.570	04:10 min/km
49	19	45	Open	82	Lulamile	Danile	Male		2:56:01.871	+33:34.418	04:10 min/km
50	16	46	35-39	721	Darryl	Koekemoer	Male	Old Selbornian Road Runners	2:56:54.192	+34:26.739	04:11 min/km
51	20	47	Open	674	Ibanathi	Zinto	Male	Real Gajimas	2:57:05.623	+34:38.170	04:11 min/km
52	12	48	40-49	275	Patrick	Makasi	Male	Old Mutual Athletics Club	2:57:10.098	+34:42.645	04:11 min/km
53	17	49	35-39	758	Lwandile	Ngobe	Male	Real Gajimas	2:57:22.196	+34:54.743	04:12 min/km
54	13	50	40-49	596	Luvuyo	Stephen	Male	Nedbank Running Club East London	2:57:25.515	+34:58.062	04:12 min/km
55	14	51	40-49	310	Xolile	Mashicila	Male	Overtakers	2:57:44.346	+35:16.893	04:12 min/km
56	18	52	35-39	713	Mkhululi	Jack	Male	Rainbow United Sports Club	2:58:08.224	+35:40.771	04:13 min/km
57	1	53	50-59	388	Mzoli	Mpalala	Male		2:58:39.413	+36:11.960	04:14 min/km
58	1	5	40-49	227	Jenni	Kruse	Female		2:58:55.754	+36:28.301	04:14 min/km
59	15	54	40-49	429	Mbuyisi	Ndoloshe	Male	Adventists Athletics Club	3:00:20.528	+37:53.075	04:16 min/km
60	16	55	40-49	363	Zolile	Mhlahlo	Male	Achilles AAA	3:00:23.532	+37:56.079	04:16 min/km
61	5	6	Open	382	Carla	Molinaro	Female		3:00:36.032	+38:08.579	04:16 min/km
62	17	56	40-49	825	Phikisile	Mensenjalo	Male	Old Mutual Athletics Club	3:00:51.748	+38:24.295	04:17 min/km
63	19	57	35-39	850	Mazandi	Dzudzudzu	Male	Nedbank Running Club East London	3:01:06.303	+38:38.850	04:17 min/km
64	21	58	Open	499	Tsepiso	Nzayo	Male	Real Gajimas	3:01:06.415	+38:38.962	04:17 min/km
65	18	59	40-49	311	Vandabheyi	Masimini	Male	Qokolweni Athletic Club	3:01:25.545	+38:58.092	04:17 min/km
66	22	60	Open	874	Darren	Heathcote	Male	Born 2 Run AC Border	3:02:05.825	+39:38.372	04:18 min/km
67	19	61	40-49	121	Vaughan	Emslie	Male	Oxford Striders	3:02:23.688	+39:56.235	04:19 min/km
68	20	62	35-39	268	Mava	Mahlulo	Male	Real Gajimas	3:03:12.241	+40:44.788	04:20 min/km
69	20	63	40-49	187	Mabona	Holiwe	Male	Qokolweni Athletic Club	3:04:51.748	+42:24.295	04:22 min/km
70	23	64	Open	202	Ncedo	Joors	Male	Real Gajimas	3:04:53.170	+42:25.717	04:22 min/km
71	24	65	Open	935	Ntuthuko	Gebhuza	Male	Old Mutual Athletic Club	3:05:34.110	+43:06.657	04:23 min/km
72	1	7	35-39	296	Enie	Manzini	Female		3:05:36.279	+43:08.826	04:23 min/km
73	21	66	40-49	781	Siphiwo	Sobe	Male	Old Mutual Athletic Club	3:05:44.797	+43:17.344	04:24 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
74	25	67	Open	887	Sipho	Mejane	Male	Born 2 Run AC Border	3:05:51.864	+43:24.411	04:24 min/km
75	26	68	Open	774	Pumzile	Simondile	Male	Buffalo City Municipal AC	3:06:00.817	+43:33.364	04:24 min/km
76	22	69	40-49	884	Mthunzi	Njaca	Male	Oxford Striders	3:06:25.947	+43:58.494	04:25 min/km
77	23	70	40-49	773	Simo	Simatu	Male	Buffalo City Municipal AC	3:06:46.986	+44:19.533	04:25 min/km
78	2	8	35-39	537	Andrea	Ranger	Female	Born 2 Run AC Border	3:06:48.155	+44:20.702	04:25 min/km
79	3	9	35-39	233	Caryn	Lategan	Female	Born 2 Run AC Border	3:06:48.584	+44:21.131	04:25 min/km
80	27	71	Open	362	Lunga	Mhambi	Male		3:06:51.462	+44:24.009	04:25 min/km
81	28	72	Open	170	Vuyolwethu	Hagile	Male		3:07:06.069	+44:38.616	04:26 min/km
82	21	73	35-39	449	Mbongeni	Ngxatha	Male	Real Gajimas	3:07:31.545	+45:04.092	04:26 min/km
83	29	74	Open	880	Lebohlang	Senti	Male	Vukani Multisport Club	3:07:45.108	+45:17.655	04:26 min/km
84	30	75	Open	633	Sandi	Tshemese	Male		3:07:48.964	+45:21.511	04:27 min/km
85	6	10	Open	536	Lauren	Ranger	Female	Born 2 Run AC Border	3:07:54.786	+45:27.333	04:27 min/km
86	22	76	35-39	628	Shaun	Trappier	Male	Oxford Striders	3:08:12.695	+45:45.242	04:27 min/km
87	23	77	35-39	371	Nkululo	Mkhuzo	Male	Municipal Athletics Club	3:09:02.116	+46:34.663	04:28 min/km
88	31	78	Open	607	Simphiwe	Tanga	Male	Nedbank Running Club East London	3:09:19.798	+46:52.345	04:29 min/km
89	24	79	35-39	387	Shane	Moses	Male	Eskom Athletics Club Easter Cape	3:09:30.510	+47:03.057	04:29 min/km
90	32	80	Open	236	Kurt	Leibach	Male	Oxford Striders	3:09:38.609	+47:11.156	04:29 min/km
91	24	81	40-49	791	Siyabonga	Jozana	Male	Orcas Academic	3:10:11.952	+47:44.999	04:30 min/km
92	4	11	35-39	502	Rashida	Obaray	Female		3:10:19.497	+47:52.044	04:30 min/km
93	25	82	40-49	641	Tembisile	Vakele	Male	Eskom Athletics Club Easter Cape	3:10:52.528	+48:25.075	04:31 min/km
94	26	83	40-49	745	Vuyo	Menze	Male	Old Mutual Athletics Club	3:11:47.670	+49:20.217	04:32 min/km
95	27	84	40-49	617	Welcome	Tishini	Male	Nedbank Running Club East London	3:12:03.829	+49:36.376	04:33 min/km
96	28	85	40-49	159	Patrick	Gqotile	Male	Nedbank Running Club East London	3:12:18.406	+49:50.953	04:33 min/km
97	7	12	Open	552	Melanie	Schemel	Female	Born 2 Run AC Border	3:12:23.615	+49:56.162	04:33 min/km
98	25	86	35-39	115	Melikhaya	Dyubele	Male	Nedbank Running Club East London	3:13:07.558	+50:40.105	04:34 min/km
99	26	87	35-39	237	Siyabonga	Lele	Male	All Stars Athletics Club	3:13:09.043	+50:41.590	04:34 min/km
100	29	88	40-49	709	Sizwe	Gqotile	Male	Old Mutual Athletic Club	3:13:09.675	+50:42.222	04:34 min/km
101	27	89	35-39	527	Charl	Pretorius	Male	Oxford Striders	3:13:10.371	+50:42.918	04:34 min/km
102	28	90	35-39	379	Thobani	Mnyaka	Male	Real Gajimas	3:13:11.331	+50:43.878	04:34 min/km
103	33	91	Open	278	Sabelo	Makhaye	Male	Eskom Athletics Club Easter Cape	3:14:18.622	+51:51.169	04:36 min/km
104	29	92	35-39	481	Thobela	Nqodumo	Male		3:14:29.747	+52:02.294	04:36 min/km
105	30	93	35-39	635	Thuso	Tsita	Male		3:14:40.526	+52:13.073	04:36 min/km
106	31	94	35-39	789	Mnonopheli	Zunguzane	Male	Old Mutual Athletics Club	3:15:11.111	+52:43.658	04:37 min/km
107	34	95	Open	216	Faizel	Kitching	Male		3:15:21.852	+52:54.399	04:37 min/km
108	35	96	Open	900	Thembelani	Spellman	Male	Real Gajimas	3:15:40.304	+53:12.851	04:38 min/km
109	32	97	35-39	74	Mark	Crawford	Male		3:15:41.070	+53:13.617	04:38 min/km
110	33	98	35-39	339	Themba Vincent	Mbukushe	Male	Old Mutual Athletic Club	3:15:58.653	+53:31.200	04:38 min/km
111	36	99	Open	154	Phaphama	Gladile	Male	Transnet Port Terminals AC	3:16:14.410	+53:46.957	04:39 min/km
112	37	100	Open	167	Asispo	Mteleli	Male	Old Selbournian Road Runners	3:16:14.414	+53:46.961	04:39 min/km
113	30	101	40-49	525	Thandabantu	Poswa	Male		3:16:31.185	+54:03.732	04:39 min/km
114	34	102	35-39	889	Xolisa	Jakavula	Male	Real Gajimas	3:16:53.610	+54:26.157	04:39 min/km
115	5	13	35-39	160	Brenda	Graham	Female	Oxford Striders	3:16:59.168	+54:31.715	04:40 min/km
116	2	103	50-59	381	Maxwell	Mnyamana	Male	Real Gajimas	3:17:15.544	+54:48.091	04:40 min/km
117	31	104	40-49	20	Toto	Bata	Male	Buffalo Runners Athletics Club	3:17:16.839	+54:49.386	04:40 min/km
118	32	105	40-49	143	Doran	Fritz	Male	Nedbank Running Club East London	3:17:34.449	+55:06.996	04:40 min/km
119	35	106	35-39	687	Sipho	Breakfast	Male	Buffalo City Municipality	3:17:40.010	+55:12.557	04:41 min/km
120	33	107	40-49	739	Vusumzi	Mbila	Male	EL Pacers	3:17:52.915	+55:25.462	04:41 min/km
121	36	108	35-39	32	Bradley	Bircholtz	Male	Born 2 Run AC Border	3:18:07.795	+55:40.342	04:41 min/km
122	34	109	40-49	775	Siphiwo	Sinde	Male	All Stars Athletics Club	3:18:17.829	+55:50.376	04:41 min/km
123	35	110	40-49	759	Chumisa	Nkanjeni	Male	Rainbow	3:18:18.813	+55:51.360	04:41 min/km
124	38	111	Open	113	Sabelo	Mfaniso	Male	United Athletic Club	3:18:19.170	+55:51.717	04:41 min/km
125	36	112	40-49	15	Darryl	Bagley	Male	Nedbank Running Club East London	3:18:42.269	+56:14.816	04:42 min/km
126	37	113	40-49	719	Bennett	Keswa	Male	Old Mutual Athletic Club	3:18:49.572	+56:22.119	04:42 min/km
127	38	114	40-49	402	Bongani	Mtiya	Male	Old Mutual Athletic Club	3:18:57.310	+56:29.857	04:42 min/km
128	37	115	35-39	109	Masixole	Dumisa	Male		3:19:15.711	+56:48.258	04:43 min/km
129	39	116	Open	99	Siphethuxolo	Dinga	Male	Nedbank Running Club East London	3:19:19.221	+56:51.768	04:43 min/km
130	40	117	Open	125	Ayanda	Faku	Male	Vukani Multisport Club	3:19:29.215	+57:01.762	04:43 min/km
131	41	118	Open	618	Xolisa	Tobi	Male	Buffalo Runners Athletics Club	3:19:29.463	+57:02.010	04:43 min/km
132	38	119	35-39	550	Babalo	Sangela	Male	Old Mutual Athletics Club	3:19:32.664	+57:05.211	04:43 min/km
133	39	120	35-39	303	Dillon	Marcus	Male		3:19:52.989	+57:25.536	04:44 min/km
134	6	14	35-39	120	Melanie	Elsdon	Female	Oxford Striders	3:20:01.027	+57:33.574	04:44 min/km
135	42	121	Open	562	Mloyiswa	Sibanda	Male	Adventists AC	3:20:05.532	+57:38.079	04:44 min/km
136	40	122	35-39	46	Siphiwo	Bukani	Male	Real Gajimas	3:20:37.031	+58:09.578	04:45 min/km
137	39	123	40-49	25	Desmond	Bekker	Male	Living Free	3:21:07.924	+58:40.471	04:45 min/km
138	41	124	35-39	663	Fernal	Weston	Male	Born 2 Run AC Border	3:21:09.355	+58:41.902	04:46 min/km
139	40	125	40-49	819	Mongezi	Nycwazi	Male		3:21:23.619	+58:56.166	04:46 min/km
140	43	126	Open	855	Llewellyn	Barnard	Male	Charlo AC	3:21:31.470	+59:04.017	04:46 min/km
141	44	127	Open	408	Anele	Mtshewu	Male	Real Gajimas	3:21:37.849	+59:10.396	04:46 min/km
142	3	128	50-59	603	Leroy	Swanepoel	Male	Oxford Striders	3:22:23.868	+59:56.415	04:47 min/km
143	4	129	50-59	685	Spheho	Bobotyana	Male	Old Mutual Athletic Club	3:22:46.162	+1:00:18.709	04:48 min/km
144	45	130	Open	714	Lwando	Jack	Male	MBSA Athletic Club	3:22:49.157	+1:00:21.704	04:48 min/km
145	46	131	Open	141	Salmaan	Fredericks	Male	Malabar AC	3:22:51.301	+1:00:23.848	04:48 min/km
146	41	132	40-49	772	Ayanda	Sikiti	Male	Overtakers	3:24:41.954	+1:02:14.501	04:51 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
147	42	133	35-39	19	Bongani	Bashe	Male	Nedbank Running Club - EP	3:24:54.538	+1:02:27.085	04:51 min/km
148	47	134	Open	2749	Khayelihle	Ncube	Male	Old Mutual Athletic Club	3:24:55.273	+1:02:27.820	04:51 min/km
149	43	135	35-39	220	Sithembiso	Kofi	Male	Real Gajimas	3:25:01.754	+1:02:34.301	04:51 min/km
150	42	136	40-49	859	Phiwe	Boyce	Male	Cheetahs Athletics Club	3:25:04.433	+1:02:36.980	04:51 min/km
151	44	137	35-39	840	Celani	Velemba	Male	Cheetahs Athletics Club	3:25:18.603	+1:02:51.150	04:51 min/km
152	48	138	Open	136	Quinton	Fortuin	Male	MBSA Athletic Club	3:26:08.451	+1:03:40.998	04:53 min/km
153	43	139	40-49	288	Mbuyiseli	Mandla	Male		3:26:52.446	+1:04:24.993	04:54 min/km
154	44	140	40-49	669	Matthew	Yazbek	Male	Old Selbornian Road Runners	3:27:11.439	+1:04:43.986	04:54 min/km
155	45	141	40-49	897	Richard	Mazungula	Male	Nedbank Running Club East London	3:27:42.878	+1:05:15.425	04:55 min/km
156	49	142	Open	810	Bufs#810	Bufs#810	Male		3:27:45.457	+1:05:18.004	04:55 min/km
157	46	143	40-49	468	Nzuzo	Noqekwa	Male	Nedbank Running Club - EP	3:28:37.264	+1:06:09.811	04:56 min/km
158	45	144	35-39	894	Thabiso	Jantjies	Male	Nedbank Running Club East London	3:28:38.817	+1:06:11.364	04:56 min/km
159	5	145	50-59	905	Mlindel	Biyata	Male	Open Server	3:28:47.570	+1:06:20.117	04:56 min/km
160	6	146	50-59	192	Ighsaan	Isaacs	Male	Malabar AC	3:28:51.518	+1:06:24.065	04:56 min/km
161	1	147	60+	474	Mongezi	Novokoza	Male		3:29:07.623	+1:06:40.170	04:57 min/km
162	47	148	40-49	250	Nikelo	Mabandla	Male		3:29:10.392	+1:06:42.939	04:57 min/km
163	46	149	35-39	425	Thando	Ndayi	Male	Buffalo Runners Athletics Club	3:29:31.577	+1:07:04.124	04:57 min/km
164	47	150	35-39	324	Lonwabo	Mavukwana	Male	Born 2 Run AC Border	3:29:42.864	+1:07:15.411	04:58 min/km
165	2	151	60+	521	Charl	Pienaar	Male	Old Selbornian Road Runners	3:30:02.021	+1:07:34.568	04:58 min/km
166	48	152	40-49	706	Alie	Gcobo	Male	Buffalo City Municipal AC	3:30:06.760	+1:07:39.307	04:58 min/km
167	49	153	40-49	654	Goodwin	Vesile	Male	MBSA Athletic Club	3:30:31.558	+1:08:04.105	04:59 min/km
168	48	154	35-39	448	Monde	Ngxangxa	Male		3:31:25.661	+1:08:58.208	05:00 min/km
169	50	155	40-49	432	Simphiwe	Ndzundzu	Male	Eskom Athletics Club Easter Cape	3:32:07.106	+1:09:39.653	05:01 min/km
170	51	156	40-49	599	Tim	Stones	Male	Nedbank Running Club East London	3:32:13.050	+1:09:45.597	05:01 min/km
171	50	157	Open	872	Ntsikelelo	Tiyo	Male	Stutterheim Athletics Club	3:32:49.944	+1:10:22.491	05:02 min/km
172	52	158	40-49	556	Thotsane	Sempe	Male	Old Mutual Athletics Club	3:33:01.282	+1:10:33.829	05:02 min/km
173	49	159	35-39	519	Zuko	Phandle	Male	Old Mutual Athletics Club	3:33:13.299	+1:10:45.846	05:03 min/km
174	50	160	35-39	848	Wesley Allan	Arentsen	Male	Oxford Striders	3:33:37.685	+1:11:10.232	05:03 min/km
175	51	161	35-39	355	Bathandwa	Mgolombane	Male		3:33:47.891	+1:11:20.438	05:03 min/km
176	53	162	40-49	173	Craig	Hanafey	Male	Oxford Striders	3:33:50.218	+1:11:22.765	05:04 min/km
177	7	163	50-59	778	Mziwamadoda	Skosana	Male	Old Mutual Athletic Club	3:34:51.059	+1:12:23.606	05:05 min/km
178	54	164	40-49	826	Ntobeka	Mkuml	Male	Qokolweni Athletic Club	3:34:57.396	+1:12:29.943	05:05 min/km
179	51	165	Open	194	Lwando	Jack	Male	Old Mutual Athletics Club	3:35:09.131	+1:12:41.678	05:05 min/km
180	52	166	Open	368	Lonwabo	Mkalipi	Male		3:35:23.582	+1:12:56.129	05:06 min/km
181	55	167	40-49	623	Chuma	Toni	Male	Qokolweni Athletic Club	3:35:27.973	+1:13:00.520	05:06 min/km
182	53	168	Open	150	Xolisa	Gcaza	Male		3:35:37.011	+1:13:09.558	05:06 min/km
183	54	169	Open	423	Sibongiseni	Ndabayithethwa	Male	Real Gajimas	3:35:39.020	+1:13:11.567	05:06 min/km
184	52	170	35-39	705	Shane	Forward	Male	Nedbank Running Club East London	3:35:54.133	+1:13:26.680	05:06 min/km
185	56	171	40-49	191	Donovan	Humphreys	Male	Crusaders AC	3:36:02.385	+1:13:34.932	05:07 min/km
186	8	15	Open	190	Lindi	Humphreys	Female	Crusaders AC	3:36:03.219	+1:13:35.766	05:07 min/km
187	9	16	Open	7	Rebekah	Anderson	Female	Born 2 Run AC Border	3:36:17.932	+1:13:50.479	05:07 min/km
188	8	172	50-59	513	Welile	Payi	Male		3:36:22.063	+1:13:54.610	05:07 min/km
189	53	173	35-39	199	Msindisi	Joji	Male	Old Mutual Athletics Club	3:36:29.122	+1:14:01.669	05:07 min/km
190	54	174	35-39	251	Bonga	Mabentsela	Male	Overtakers	3:36:44.137	+1:14:16.684	05:08 min/km
191	7	17	35-39	642	Thembela	Van Der Berg	Female	Nedbank Running Club East London	3:36:44.565	+1:14:17.112	05:08 min/km
192	57	175	40-49	688	Peter	Bursey	Male	Old Selbornian Road Runners	3:37:03.509	+1:14:36.056	05:08 min/km
193	55	176	Open	821	Anele	Qini	Male	Real Gajimas	3:37:07.984	+1:14:40.531	05:08 min/km
194	56	177	Open	130	Luke	Ferreira	Male		3:37:12.204	+1:14:44.751	05:08 min/km
195	9	178	50-59	693	Eugene	Cotterrell	Male	Old Selbornian Road Runners	3:37:13.414	+1:14:45.961	05:08 min/km
196	55	179	35-39	734	Mvuzo	Mahlali	Male	Nedbank Running Club East London	3:37:25.482	+1:14:58.029	05:09 min/km
197	58	180	40-49	479	Ndimiso	Ngiwa	Male		3:37:41.973	+1:15:14.520	05:09 min/km
198	56	181	35-39	852	Josh	Kent	Male		3:37:59.693	+1:15:32.240	05:09 min/km
199	59	182	40-49	245	Zandile	Lulwandle	Male		3:38:24.636	+1:15:57.183	05:10 min/km
200	60	183	40-49	442	Mzwanele	Ngoqo	Male	Vukani Multisport Club	3:38:28.942	+1:16:01.489	05:10 min/km
201	61	184	40-49	56	Kevyn Jason	Chambers	Male	Oxford Striders	3:38:40.079	+1:16:12.626	05:10 min/km
202	10	185	50-59	683	Vic	Beltrame	Male	Oxford Striders	3:38:40.614	+1:16:13.161	05:10 min/km
203	62	186	40-49	515	Brett	Petersen	Male	Oxford Striders	3:38:40.736	+1:16:13.283	05:10 min/km
204	57	187	35-39	338	Xolisile	Mbiza	Male		3:39:06.081	+1:16:38.628	05:11 min/km
205	58	188	35-39	49	James	Burns	Male	Old Selbornian Road Runners	3:39:09.255	+1:16:41.802	05:11 min/km
206	59	189	35-39	396	Zukile	Mqwebedu	Male		3:39:19.075	+1:16:51.622	05:11 min/km
207	60	190	35-39	282	Asanda	Makupula	Male		3:39:40.733	+1:17:13.280	05:12 min/km
208	11	191	50-59	837	Efese	Peter	Male	Sand F	3:39:47.817	+1:17:20.364	05:12 min/km
209	10	18	Open	472	Angelique	Norton	Female		3:39:50.411	+1:17:22.958	05:12 min/km
210	57	192	Open	494	Nkululeko	Ntuli	Male	Old Mutual Athletics Club	3:40:02.830	+1:17:35.377	05:12 min/km
211	11	19	Open	134	Kirsten	Forsyth	Female	Oxford Striders	3:40:33.302	+1:18:05.849	05:13 min/km
212	63	193	40-49	729	Colbert	Lolwana	Male	Overtakers	3:40:59.252	+1:18:31.799	05:14 min/km
213	58	194	Open	323	Akhona	Matyobeni	Male	Buffalo City Municipal AC	3:41:08.618	+1:18:41.165	05:14 min/km
214	12	195	50-59	359	Zuko Noel	Mgubhuli	Male		3:41:21.235	+1:18:53.782	05:14 min/km
215	64	196	40-49	37	Monde	Booi	Male	Inyibiba AC	3:41:21.826	+1:18:54.373	05:14 min/km
216	13	197	50-59	406	Ntsikane	Mtshabe	Male		3:41:22.017	+1:18:54.564	05:14 min/km
217	14	198	50-59	830	James	Mpunzima	Male	Old Selbornian Road Runners	3:41:34.527	+1:19:07.074	05:15 min/km
218	59	199	Open	185	Matt	Hofart	Male	Oxford Striders	3:41:37.255	+1:19:09.802	05:15 min/km
219	61	200	35-39	600	Unathi	Stoto	Male		3:42:14.239	+1:19:46.786	05:15 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
220	15	201	50-59	579	Jeniel	Smit	Male		3:42:18.578	+1:19:51.125	05:16 min/km
221	65	202	40-49	409	Kadhaya	Muballe	Male	Oxford Striders	3:42:24.425	+1:19:56.972	05:16 min/km
222	60	203	Open	207	Kabelo	Kadi	Male	Vukani Multisport Club	3:42:56.262	+1:20:28.809	05:16 min/km
223	66	204	40-49	119	Ryan	Elsdon	Male	Oxford Striders	3:43:08.133	+1:20:40.680	05:17 min/km
224	62	205	35-39	351	Akhona	Mgandela	Male		3:43:43.040	+1:21:15.587	05:18 min/km
225	67	206	40-49	452	Thuthuzela	Ngxoli	Male	Buffalo Runners Athletics Club	3:44:09.815	+1:21:42.362	05:18 min/km
226	63	207	35-39	195	Luzuko	Jako	Male	MBSA Athletic Club	3:44:36.747	+1:22:09.294	05:19 min/km
227	68	208	40-49	629	Rivelino	Trimalley	Male	MBSA Athletic Club	3:44:48.843	+1:22:21.390	05:19 min/km
228	1	20	50-59	898	Buyelwa	Kobokana	Female	Nedbank Running Club East London	3:44:59.003	+1:22:31.550	05:19 min/km
229	16	209	50-59	158	Fikile	Gqamane	Male		3:45:05.361	+1:22:37.908	05:20 min/km
230	69	210	40-49	484	Vincent	Ntamo	Male	All Stars Athletics Club	3:45:10.086	+1:22:42.633	05:20 min/km
231	61	211	Open	370	Sisa	Mkaza	Male	Old Mutual Athletics Club	3:45:18.045	+1:22:50.592	05:20 min/km
232	70	212	40-49	465	Ndumiso	Nongxa	Male	Indwe Runners Club	3:45:24.342	+1:22:56.889	05:20 min/km
233	71	213	40-49	133	Clinton	Ford	Male	Old Selbornian Road Runners	3:45:25.805	+1:22:58.352	05:20 min/km
234	62	214	Open	627	Matthew	Townsend	Male	Oxford Striders	3:45:28.195	+1:23:00.742	05:20 min/km
235	64	215	35-39	413	Babalo	Mvula	Male		3:45:42.329	+1:23:14.876	05:20 min/km
236	72	216	40-49	434	Vusumzi	Nelani	Male	Nedbank Running Club East London	3:45:47.783	+1:23:20.330	05:21 min/km
237	65	217	35-39	624	Simthandile	Toni	Male	Qokolweni Athletic Club	3:45:49.470	+1:23:22.017	05:21 min/km
238	63	218	Open	240	Bayanda	Lobi	Male	Qokolweni Athletic Club	3:45:55.732	+1:23:28.279	05:21 min/km
239	8	21	35-39	558	Candice	Serfontein	Female	Born 2 Run AC Border	3:45:57.285	+1:23:29.832	05:21 min/km
240	66	219	35-39	71	Nigel	Coutts	Male	Old Selbornian Road Runners	3:46:31.961	+1:24:04.508	05:22 min/km
241	67	220	35-39	832	Hayden	Mackley	Male	Old Selbornian Road Runners	3:46:32.358	+1:24:04.905	05:22 min/km
242	68	221	35-39	281	Elliot	Makumsha	Male		3:46:40.841	+1:24:13.388	05:22 min/km
243	9	22	35-39	516	Rachel	Petersen	Female	Oxford Striders	3:46:46.235	+1:24:18.782	05:22 min/km
244	64	222	Open	144	Bonga	Funani	Male	Vukani Multisport Club	3:46:48.954	+1:24:21.501	05:22 min/km
245	73	223	40-49	322	Elroy	Matthews	Male	MBSA Athletic Club	3:46:55.803	+1:24:28.350	05:22 min/km
246	74	224	40-49	799	Victor	Cankani	Male	Old Mutual Athletics Club	3:47:03.258	+1:24:35.805	05:22 min/km
247	75	225	40-49	291	Wellington	Mangena	Male	Adventists Athletics Club	3:47:07.331	+1:24:39.878	05:22 min/km
248	12	23	Open	540	Olivia	Reitsma	Female		3:47:22.877	+1:24:55.424	05:23 min/km
249	76	226	40-49	827	Carl	Murray	Male	Oxford Striders	3:47:27.608	+1:25:00.155	05:23 min/km
250	13	24	Open	142	Nicola	Freitas	Female	Magnolia Road Running	3:47:29.283	+1:25:01.830	05:23 min/km
251	77	227	40-49	838	Tembelani	Mabongo	Male	Nedbank Running Club Eastern Cape	3:47:56.789	+1:25:29.336	05:24 min/km
252	10	25	35-39	63	Charlene	Collins	Female	Oxford Striders	3:47:59.109	+1:25:31.656	05:24 min/km
253	1	228	Junior	815	Thembalihle	Majali	Male	Cheetahs Athletic Club	3:48:15.774	+1:25:48.321	05:24 min/km
254	11	26	35-39	565	Sitha Litha	Sigenu	Female		3:48:24.150	+1:25:56.697	05:24 min/km
255	69	229	35-39	346	Madoda	Mema	Male		3:48:24.928	+1:25:57.475	05:24 min/km
256	2	27	40-49	927	Meg	Davey	Female	Nedbank Running Club East London	3:49:13.743	+1:26:46.290	05:25 min/km
257	70	230	35-39	526	Wayne	Pottinger	Male	Nedbank Running Club East London	3:49:23.055	+1:26:55.602	05:26 min/km
258	78	231	40-49	81	Mphankomo	Dandala	Male	Overtakers	3:49:51.197	+1:27:23.744	05:26 min/km
259	71	232	35-39	604	Siya	Swapi	Male	Buffalo City Municipal AC	3:49:54.860	+1:27:27.407	05:26 min/km
260	79	233	40-49	476	Chuma	Novukela	Male	Old Mutual Athletics Club	3:50:17.242	+1:27:49.789	05:27 min/km
261	72	234	35-39	410	Robert	Muirhead	Male	Rand Athletics Club	3:50:18.988	+1:27:51.535	05:27 min/km
262	73	235	35-39	834	Thembelani	Manqina	Male	MBSA Athletic Club	3:50:45.612	+1:28:18.159	05:28 min/km
263	14	28	Open	554	Talitha	Seddon	Female	Crusaders AC	3:50:48.568	+1:28:21.115	05:28 min/km
264	74	236	35-39	21	Mzwandile	Bavu	Male		3:50:54.207	+1:28:26.754	05:28 min/km
265	65	237	Open	824	Ernest	Magngamhury	Male	Real Gajimas	3:51:04.801	+1:28:37.348	05:28 min/km
266	17	238	50-59	692	Freddy	Cochran	Male	MBSA Athletic Club	3:51:25.679	+1:28:58.226	05:29 min/km
267	15	29	Open	58	Muziyavuli	Chirwa	Female	Oxford Striders	3:51:31.730	+1:29:04.277	05:29 min/km
268	66	239	Open	886	Siphelele	Rozani	Male		3:51:37.090	+1:29:09.637	05:29 min/km
269	67	240	Open	456	Lwandiso	Nodada	Male	Old Mutual Athletic Club	3:52:04.766	+1:29:37.313	05:29 min/km
270	75	241	35-39	219	Jeremy	Knox	Male		3:52:15.070	+1:29:47.617	05:30 min/km
271	76	242	35-39	697	Sam	Daniso	Male	Old Mutual Athletics Club	3:52:22.803	+1:29:55.350	05:30 min/km
272	80	243	40-49	26	Zola	Belu	Male		3:52:23.824	+1:29:56.371	05:30 min/km
273	81	244	40-49	455	Mfesane	Nkwenkwezi	Male		3:52:31.285	+1:30:03.832	05:30 min/km
274	82	245	40-49	951	Zolani	Mxabo	Male	Cheetahs Athletic Club	3:52:31.285	+1:30:03.832	05:30 min/km
275	83	246	40-49	498	Mbulelo	Nyendwana	Male	Nedbank Running Club East London	3:53:19.065	+1:30:51.612	05:31 min/km
276	84	247	40-49	65	Greg	Collins	Male	Oxford Striders	3:53:30.045	+1:31:02.592	05:31 min/km
277	68	248	Open	90	Lourens	De Villiers	Male		3:53:39.715	+1:31:12.262	05:32 min/km
278	77	249	35-39	92	Lionel	Dearlove	Male	Oxford Striders	3:53:42.296	+1:31:14.843	05:32 min/km
279	78	250	35-39	828	Nigel	Maritz	Male	Old Selbornian Road Runners	3:53:43.722	+1:31:16.269	05:32 min/km
280	79	251	35-39	254	Lindile	Mabuya	Male	Old Mutual Athletics Club	3:53:44.170	+1:31:16.717	05:32 min/km
281	69	252	Open	903	Kwezi	Sinto	Male	Ioenserver	3:53:50.189	+1:31:22.736	05:32 min/km
282	70	253	Open	869	Siseko	Mcoyana	Male	Stutter AC	3:54:06.866	+1:31:39.413	05:32 min/km
283	71	254	Open	60	Jacques	Coetzer	Male	Born 2 Run AC Border	3:54:20.671	+1:31:53.218	05:33 min/km
284	85	255	40-49	212	Elliot	Keyi	Male	Overtakers	3:54:29.082	+1:32:01.629	05:33 min/km
285	18	256	50-59	276	Mxolisi	Makaula	Male		3:54:34.008	+1:32:06.555	05:33 min/km
286	16	30	Open	235	Jo-Mari	Le Grange	Female	Born 2 Run AC Border	3:54:37.261	+1:32:09.808	05:33 min/km
287	17	31	Open	715	Siviwe	Jakalase	Female	Inyibiba AC	3:54:39.948	+1:32:12.495	05:33 min/km
288	72	257	Open	44	Warren	Bryant	Male		3:54:45.241	+1:32:17.788	05:33 min/km
289	3	32	40-49	644	Wendy	Van Der Merwe	Female	St Albans AC	3:55:11.355	+1:32:43.902	05:34 min/km
290	86	258	40-49	5	Clint	Alexander	Male		3:55:27.080	+1:32:59.627	05:34 min/km
291	73	259	Open	135	Ricardo	Fortuin	Male	MBSA Athletic Club	3:55:27.407	+1:32:59.954	05:34 min/km
292	4	33	40-49	616	Carol	Tinhof	Female	Old Selbornian Road Runners	3:55:39.056	+1:33:11.603	05:35 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
293	87	260	40-49	453	Zandisile	Ngxonono	Male	Tinarha AC	3:55:53.200	+1:33:25.747	05:35 min/km
294	80	261	35-39	645	Duane	Van Der Merwe	Male	Oxford Striders	3:56:03.796	+1:33:36.343	05:35 min/km
295	81	262	35-39	792	Mgcini	Gumbo	Male	Achilles AAA	3:56:17.313	+1:33:49.860	05:35 min/km
296	88	263	40-49	64	Shawn	Collins	Male	Oxford Striders	3:56:23.428	+1:33:55.975	05:36 min/km
297	18	34	Open	35	Jessica	Blundell	Female		3:56:25.037	+1:33:57.584	05:36 min/km
298	82	264	35-39	726	Bongani	Letlaka	Male		3:56:34.545	+1:34:07.092	05:36 min/km
299	89	265	40-49	279	Vusumzi	Makinana	Male	Nedbank Running Club East London	3:56:42.676	+1:34:15.223	05:36 min/km
300	90	266	40-49	931	Xolani	Tunza	Male	Real Gajimas	3:57:02.532	+1:34:35.079	05:37 min/km
301	91	267	40-49	667	Scott	Worley	Male	Oxford Striders	3:57:05.713	+1:34:38.260	05:37 min/km
302	92	268	40-49	741	Malikhanye	Mduba	Male	Adventists Athletics Club	3:57:06.750	+1:34:39.297	05:37 min/km
303	5	35	40-49	77	Bonnie	Curran	Female		3:57:14.400	+1:34:46.947	05:37 min/km
304	83	269	35-39	744	Sinethemba	Mekeni	Male	Overtakers	3:57:14.667	+1:34:47.214	05:37 min/km
305	6	36	40-49	105	Janine	Donaldson	Female	Born 2 Run AC Border	3:57:15.201	+1:34:47.748	05:37 min/km
306	93	270	40-49	231	Vuyo	Landu	Male	Real Gajimas	3:57:19.571	+1:34:52.118	05:37 min/km
307	74	271	Open	672	Luyanda	Zibobo	Male		3:57:21.246	+1:34:53.793	05:37 min/km
308	19	272	50-59	788	Michael	Webb	Male	Gonubie Harriers	3:57:21.908	+1:34:54.455	05:37 min/km
309	84	273	35-39	401	Lindani	Mthethwa	Male	Old Mutual Athletics Club	3:57:39.195	+1:35:11.742	05:37 min/km
310	12	37	35-39	34	Lesley	Blair	Female	Born 2 Run AC Border	3:57:40.233	+1:35:12.980	05:37 min/km
311	94	274	40-49	444	Mzolisi	Ngudle	Male	Old Mutual Athletics Club	3:57:45.963	+1:35:18.510	05:38 min/km
312	95	275	40-49	229	Jan	Labuschagne	Male	Old Selbournian Road Runners	3:57:46.236	+1:35:18.783	05:38 min/km
313	85	276	35-39	267	Zanoxolo	Mahlombe	Male		3:57:49.964	+1:35:22.511	05:38 min/km
314	96	277	40-49	743	Lucky	Mdutyana	Male	Old Mutual Athletics Club	3:57:57.002	+1:35:29.549	05:38 min/km
315	19	38	Open	253	Nowezi	Mabophe	Female	Eskom Athletics Club Easter Cape	3:58:04.122	+1:35:36.669	05:38 min/km
316	7	39	40-49	214	Janet	Kieck	Female		3:58:06.348	+1:35:38.895	05:38 min/km
317	20	278	50-59	553	Andre	Schoombee	Male		3:58:10.850	+1:35:43.397	05:38 min/km
318	97	279	40-49	857	Zama	Mve	Male	Old Mutual Athletic Club	3:58:13.359	+1:35:45.906	05:38 min/km
319	98	280	40-49	630	Sizwe	Tsama	Male	Old Mutual Athletics Club	3:58:26.127	+1:35:58.674	05:39 min/km
320	75	281	Open	349	Phumlani	Mfazwe	Male	Real Gajimas	3:58:32.641	+1:36:05.188	05:39 min/km
321	76	282	Open	528	Gregory	Purcell	Male	Bestmed Madibaz AC	3:58:37.793	+1:36:10.340	05:39 min/km
322	77	283	Open	175	Stephen	Hawkins	Male	Team Vitality AC	3:58:39.440	+1:36:11.987	05:39 min/km
323	86	284	35-39	777	Khaya	Siyaha	Male	Buffalo Runners Athletics Club	3:58:39.976	+1:36:12.523	05:39 min/km
324	99	285	40-49	242	Henk	Lombard	Male	Old Mutual Athletics Club	3:58:46.670	+1:36:19.217	05:39 min/km
325	100	286	40-49	606	Darryll	Talbot	Male	Oxford Striders	3:58:52.671	+1:36:25.218	05:39 min/km
326	21	287	50-59	312	Mxolisi	Masiso	Male	East London Athletic Club	3:58:55.972	+1:36:28.519	05:39 min/km
327	78	288	Open	380	Viwe	Mnyaka	Male	Nedbank Running Club East London	3:59:04.166	+1:36:36.713	05:39 min/km
328	79	289	Open	665	Luke	Wittstock	Male	Oxford Striders	3:59:05.466	+1:36:38.013	05:39 min/km
329	101	290	40-49	292	Lizani	Manjezi	Male	Nedbank Running Club East London	3:59:05.830	+1:36:38.377	05:39 min/km
330	87	291	35-39	87	Ernest	De La Querra	Male	Born 2 Run AC Border	3:59:10.031	+1:36:42.578	05:40 min/km
331	8	40	40-49	412	Karin	Mtshali	Female	Oxford Striders	3:59:28.996	+1:37:01.543	05:40 min/km
332	80	292	Open	463	Siphumelele	Nondonga	Male	Midrand Striders	3:59:31.762	+1:37:04.309	05:40 min/km
333	102	293	40-49	181	Dalikhaya	Hlalukana	Male	Buffalo City Municipal AC	3:59:57.272	+1:37:29.819	05:41 min/km
334	103	294	40-49	651	Phillip	Venter	Male	East London Athletic Club	4:00:00.764	+1:37:33.311	05:41 min/km
335	22	295	50-59	510	Bruce	Pardy	Male	Hillcrest Villagers AC	4:00:01.685	+1:37:34.232	05:41 min/km
336	81	296	Open	261	Malwande	Magadla	Male	SABC Athletic Club	4:00:01.789	+1:37:34.336	05:41 min/km
337	88	297	35-39	352	Xolani	Mgangato	Male	Old Mutual Athletic Club	4:00:05.429	+1:37:37.976	05:41 min/km
338	9	41	40-49	238	Nicolette	Lennox	Female	Nedbank Running Club East London	4:00:07.583	+1:37:40.130	05:41 min/km
339	89	298	35-39	273	Kudzi	Majaji	Male	Nedbank Running Club East London	4:00:07.833	+1:37:40.380	05:41 min/km
340	104	299	40-49	790	Bongani	Zwane	Male	Old Mutual Athletics Club	4:00:17.829	+1:37:50.376	05:41 min/km
341	90	300	35-39	518	Abongile	Peza	Male	Vukani Multisport Club	4:00:19.840	+1:37:52.387	05:41 min/km
342	82	301	Open	447	Batandwa	Ngxangana	Male	Old Mutual Athletics Club	4:00:22.033	+1:37:54.580	05:41 min/km
343	13	42	35-39	466	Nosiphiwo	Nontshinga	Female	Eskom Athletics Club Easter Cape	4:00:30.964	+1:38:03.511	05:41 min/km
344	105	302	40-49	367	Fezile	Mkalipi	Male		4:00:33.604	+1:38:06.151	05:42 min/km
345	83	303	Open	358	Monwabisi	Mgqibi	Male		4:00:58.426	+1:38:30.973	05:42 min/km
346	106	304	40-49	549	Vuka	Sam	Male	Old Mutual Athletics Club	4:01:04.166	+1:38:36.713	05:42 min/km
347	20	43	Open	605	Sibusiso	Swartbooi	Female	Real Gajimas	4:01:05.479	+1:38:38.026	05:42 min/km
348	23	305	50-59	293	Mandla	Mantlaka	Male		4:01:17.352	+1:38:49.899	05:43 min/km
349	91	306	35-39	785	Viwe Simon	Tshali	Male	Real Gajimas	4:01:17.947	+1:38:50.494	05:43 min/km
350	92	307	35-39	189	Grant	Howell	Male		4:01:37.005	+1:39:09.552	05:43 min/km
351	93	308	35-39	833	Madoda	Bambalazi	Male	Vukani Multisport Club	4:01:47.139	+1:39:19.686	05:43 min/km
352	24	309	50-59	83	Rick	Davies	Male	Born 2 Run AC Border	4:01:58.172	+1:39:30.719	05:44 min/km
353	107	310	40-49	252	Bara	Mabongo	Male	Queenstown Harriers	4:02:19.813	+1:39:52.360	05:44 min/km
354	94	311	35-39	289	Msimelelo	Mandongana	Male	Old Mutual Athletics Club	4:02:20.200	+1:39:52.747	05:44 min/km
355	14	44	35-39	345	Babalwa	Melitafa	Female	Vukani Multisport Club	4:02:34.908	+1:40:07.455	05:44 min/km
356	25	312	50-59	578	Kerry Wayne	Skidmore	Male	Oxford Striders	4:02:45.816	+1:40:18.363	05:45 min/km
357	26	313	50-59	198	Warrick	Jerrard	Male	Born 2 Run AC Border	4:03:13.278	+1:40:45.825	05:45 min/km
358	95	314	35-39	31	Richard	Birch	Male	Born 2 Run AC Border	4:03:14.557	+1:40:47.104	05:45 min/km
359	108	315	40-49	247	Wayne	Maart	Male		4:03:46.498	+1:41:19.045	05:46 min/km
360	2	45	50-59	725	Gail	Langley	Female	Born 2 Run AC Border	4:03:49.363	+1:41:21.910	05:46 min/km
361	27	316	50-59	577	Mabhaswana	Skeyi	Male	Indwe Runners Club	4:03:57.013	+1:41:29.560	05:46 min/km
362	84	317	Open	287	Ndabezitha	Mancoba	Male	Eskom Athletics Club Easter Cape	4:03:57.740	+1:41:30.287	05:46 min/km
363	21	46	Open	131	Fiona	Fleur	Female	Nelson Mandela Bay Municipality AC	4:04:10.213	+1:41:42.760	05:47 min/km
364	15	47	35-39	653	Lindy	Vermeulen	Female	Old Selbournian Road Runners	4:04:21.315	+1:41:53.862	05:47 min/km
365	109	318	40-49	330	Simphiwe	Mbambo	Male		4:04:31.350	+1:42:03.897	05:47 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
366	110	319	40-49	52	Sizwe	Calaza	Male	Cheetahs Athletic Club	4:04:44.347	+1:42:16.894	05:47 min/km
367	22	48	Open	930	Raylene	Flannigan	Female	Real Gajimas	4:04:45.105	+1:42:17.652	05:47 min/km
368	111	320	40-49	847	Selwin	Issaacs	Male	Nedbank Running Club Eastern Cape	4:04:57.574	+1:42:30.121	05:48 min/km
369	28	321	50-59	365	Gregory	Minnie	Male		4:05:11.724	+1:42:44.271	05:48 min/km
370	112	322	40-49	756	Reshi	Neerunjan	Male	MBSA Athletic Club	4:05:12.379	+1:42:44.926	05:48 min/km
371	113	323	40-49	309	Grant	Martin	Male	Oxford Striders	4:05:39.352	+1:43:11.899	05:49 min/km
372	96	324	35-39	845	Tinashe	Mumbire	Male	Real Gajimas	4:05:50.422	+1:43:22.969	05:49 min/km
373	29	325	50-59	9	Graham	Arthur	Male	Oxford Striders	4:06:06.286	+1:43:38.833	05:49 min/km
374	10	49	40-49	681	Karen	Albertyn	Female	Oxford Striders	4:06:06.738	+1:43:39.285	05:49 min/km
375	97	326	35-39	140	Edwin	Frauenstein	Male	Nedbank Running Club East London	4:06:18.287	+1:43:50.834	05:50 min/km
376	114	327	40-49	493	Xolisile	Ntulani	Male	Old Mutual Athletics Club	4:06:18.644	+1:43:51.191	05:50 min/km
377	115	328	40-49	568	Mzukisi	Silandela	Male	Old Mutual Athletic Club	4:07:00.249	+1:44:32.796	05:51 min/km
378	98	329	35-39	6	Sean	Allam	Male	Old Selbornian Road Runners	4:07:31.904	+1:45:04.451	05:51 min/km
379	85	330	Open	218	Christiaan	Kleinhans	Male		4:08:01.679	+1:45:34.226	05:52 min/km
380	116	331	40-49	899	Mcebisi	Gobozi	Male	Real Gajimas	4:08:04.902	+1:45:37.449	05:52 min/km
381	117	332	40-49	179	Demont	Herman	Male	Oxford Striders	4:08:14.077	+1:45:46.624	05:52 min/km
382	118	333	40-49	812	Nkosinathi Paul	Zazini	Male	Inyibiba AC	4:08:20.211	+1:45:52.758	05:53 min/km
383	119	334	40-49	557	Theo	Senekal	Male	Oxford Striders	4:08:23.427	+1:45:55.974	05:53 min/km
384	30	335	50-59	47	Zola	Bulwana	Male	Cheetahs Athletic Club	4:08:23.878	+1:45:56.425	05:53 min/km
385	99	336	35-39	818	Zolani	Ntungwa	Male	Vukani Multisport Club	4:08:28.522	+1:46:01.069	05:53 min/km
386	31	337	50-59	817	Martin	Victor	Male	Born 2 Run AC Border	4:08:45.932	+1:46:18.479	05:53 min/km
387	32	338	50-59	780	Mike	Smit	Male		4:08:46.067	+1:46:18.614	05:53 min/km
388	120	339	40-49	507	Peter	Oreilly	Male	Indwe Runners Club	4:09:12.100	+1:46:44.647	05:54 min/km
389	121	340	40-49	104	Tobias	Doerfler	Male		4:09:13.922	+1:46:46.469	05:54 min/km
390	122	341	40-49	738	Bathandwa	Matwolo	Male		4:09:26.247	+1:46:58.794	05:54 min/km
391	123	342	40-49	286	Siyamcela	Mamane	Male	Overtakers	4:09:32.991	+1:47:05.538	05:54 min/km
392	86	343	Open	621	Zukile	Tokwe	Male		4:09:34.443	+1:47:06.990	05:54 min/km
393	100	344	35-39	22	Duan	Beaton	Male	Charlo AC	4:09:47.342	+1:47:19.889	05:55 min/km
394	87	345	Open	671	Khanyisa	Zenzile	Male	Buffalo City Municipal AC	4:09:58.800	+1:47:31.347	05:55 min/km
395	101	346	35-39	854	Lwando	Lwana	Male	Buffalo Runners Athletics Club	4:10:00.325	+1:47:32.512	05:55 min/km
396	124	347	40-49	488	Nkosimathi	Ntlokonkulu	Male	Real Gajimas	4:10:02.594	+1:47:35.141	05:55 min/km
397	11	50	40-49	72	Maritza	Craig	Female	Body Concept RW	4:10:07.724	+1:47:40.271	05:55 min/km
398	125	348	40-49	73	Kenneth	Craig	Male	Body Concept RW	4:10:08.615	+1:47:41.162	05:55 min/km
399	126	349	40-49	470	Derick	Norris	Male	Nedbank Running Club East London	4:10:34.093	+1:48:06.600	05:56 min/km
400	16	51	35-39	255	Nosintu	Macanda	Female		4:10:47.462	+1:48:20.009	05:56 min/km
401	33	350	50-59	375	Zakhele Norton	Mndela	Male	Buffalo Runners Athletics Club	4:10:47.583	+1:48:20.130	05:56 min/km
402	102	351	35-39	764	Masande	Nqatyelwa	Male	Health is Health	4:10:55.162	+1:48:27.709	05:56 min/km
403	103	352	35-39	733	Dumisani	Mahashi	Male	Real Gajimas	4:10:57.273	+1:48:29.820	05:56 min/km
404	23	52	Open	274	Nothando	Makaka	Female		4:10:57.288	+1:48:29.835	05:56 min/km
405	12	53	40-49	755	Sabelo	Ndude	Female	Umtata	4:10:59.788	+1:48:32.335	05:56 min/km
406	104	353	35-39	80	Zola	Damoyi	Male	Old Mutual Athletic Club	4:11:01.469	+1:48:34.016	05:56 min/km
407	13	54	40-49	399	Peggy	Mtengwane	Female		4:11:01.900	+1:48:34.447	05:56 min/km
408	105	354	35-39	431	Vusumzi	Ndwayana	Male	PE AAC	4:11:02.210	+1:48:34.757	05:56 min/km
409	127	355	40-49	839	Lindeko	Bottoman	Male	Real Gajimas	4:11:03.090	+1:48:35.637	05:56 min/km
410	34	356	50-59	378	Philisa	Mnqandi	Male		4:11:03.519	+1:48:36.066	05:56 min/km
411	35	357	50-59	356	Nkululeko	Mgontshongo	Male		4:11:04.462	+1:48:37.009	05:56 min/km
412	36	358	50-59	717	Alex	Kambule	Male	Real Gajimas	4:11:05.035	+1:48:37.582	05:56 min/km
413	88	359	Open	846	Masxozze	Jojo	Male	Cheetahs Athletic Club	4:11:05.517	+1:48:38.064	05:57 min/km
414	106	360	35-39	716	Lucas	James	Male	Old Mutual Athletic Club	4:11:08.336	+1:48:40.883	05:57 min/km
415	128	361	40-49	205	Siya	Jwaga	Male		4:11:10.643	+1:48:43.190	05:57 min/km
416	129	362	40-49	748	Vuyisile	Miza	Male	All Stars Athletics Club	4:11:17.812	+1:48:50.359	05:57 min/km
417	107	363	35-39	342	Thozama	Mcitani	Male		4:11:22.916	+1:48:55.463	05:57 min/km
418	89	364	Open	888	Bufs#888	Bufs#888	Male		4:11:36.457	+1:49:09.004	05:57 min/km
419	130	365	40-49	490	Khayaletu	Ntoni	Male	Old Mutual Athletics Club	4:11:56.312	+1:49:28.859	05:58 min/km
420	90	366	Open	369	Sibabalwe	Mkanzi	Male		4:11:59.519	+1:49:32.066	05:58 min/km
421	91	367	Open	298	Thembisile	Mapondeli	Male	Old Selbornian Road Runners	4:12:05.045	+1:49:37.592	05:58 min/km
422	131	368	40-49	670	Tyron	Zehmke	Male	Oxford Striders	4:12:13.498	+1:49:46.045	05:58 min/km
423	132	369	40-49	400	Bhekisisa	Mthembu	Male		4:12:31.485	+1:50:04.032	05:59 min/km
424	14	55	40-49	581	Bridget	Smith	Female	Nedbank Running Club East London	4:12:34.211	+1:50:06.758	05:59 min/km
425	37	370	50-59	386	Mike	Morgan	Male		4:12:56.286	+1:50:28.833	05:59 min/km
426	15	56	40-49	244	Yvette	Louw	Female	Nedbank Running Club East London	4:13:15.227	+1:50:47.774	06:00 min/km
427	17	57	35-39	102	Ayanda	Dlambulo	Female	Real Gajimas	4:13:16.974	+1:50:49.521	06:00 min/km
428	3	58	50-59	707	Debbie	Gee	Female	Oxford Striders	4:13:17.108	+1:50:49.655	06:00 min/km
429	108	371	35-39	461	Tabo	Nombutuma	Male		4:13:38.943	+1:51:11.490	06:00 min/km
430	133	372	40-49	684	Anton	Benge	Male	Oxford Striders	4:13:44.609	+1:51:17.156	06:00 min/km
431	134	373	40-49	27	Chad	Benge	Male	Oxford Striders	4:13:45.092	+1:51:17.639	06:00 min/km
432	92	374	Open	835	Jared	Wittstock	Male	Oxford Striders	4:13:56.111	+1:51:28.658	06:01 min/km
433	93	375	Open	94	Mdumiseni	Deliwe	Male	Vukani Multisport Club	4:14:00.081	+1:51:32.628	06:01 min/km
434	38	376	50-59	300	Salatiso	Maqeda	Male	Cheetahs Athletic Club	4:14:29.630	+1:52:02.177	06:01 min/km
435	16	59	40-49	686	Nkuli	Booi	Female	MBSA Athletic Club	4:14:30.541	+1:52:03.088	06:01 min/km
436	4	60	50-59	523	Charmaine	Pook	Female		4:14:30.671	+1:52:03.218	06:01 min/km
437	39	377	50-59	40	Colin	Bosch	Male	Old Selbornian Road Runners	4:14:31.608	+1:52:04.155	06:01 min/km
438	94	378	Open	41	James	Bosch	Male	Old Selbornian Road Runners	4:14:32.070	+1:52:04.617	06:01 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
439	95	379	Open	411	Giddo	Muller	Male	Old Selbornian Road Runners	4:14:44.156	+1:52:16.703	06:02 min/km
440	5	61	50-59	117	Sharon	Eldridge	Female	Old Selbornian Road Runners	4:14:44.708	+1:52:17.255	06:02 min/km
441	96	380	Open	746	Khanyiso	Mgolozelwa	Male	Old Mutual Athletic Club	4:14:53.192	+1:52:25.739	06:02 min/km
442	40	381	50-59	800	Sidwell	Matinyane	Male	Vukani Multisport Club	4:15:01.032	+1:52:33.579	06:02 min/km
443	17	62	40-49	543	Sarah	Roberts	Female	Old Selbornian Road Runners	4:15:05.615	+1:52:38.162	06:02 min/km
444	41	382	50-59	475	Cawe	Novukela	Male	Old Mutual Athletics Club	4:15:06.569	+1:52:39.116	06:02 min/km
445	97	383	Open	186	Ryan	Holder	Male		4:15:09.412	+1:52:41.959	06:02 min/km
446	109	384	35-39	656	David Schalk	Viljoen	Male	Oxford Striders	4:15:25.364	+1:52:57.911	06:03 min/km
447	135	385	40-49	460	Sakhiwo	Nombembe	Male	Overtakers	4:15:41.818	+1:53:14.365	06:03 min/km
448	110	386	35-39	129	Luzuko	Fanteso	Male	Real Gajimas	4:15:44.314	+1:53:16.861	06:03 min/km
449	42	387	50-59	13	Mzwanele	Badi	Male	Old Mutual Athletics Club	4:15:48.869	+1:53:21.416	06:03 min/km
450	98	388	Open	217	Alex	Kizito	Male		4:15:54.018	+1:53:26.565	06:03 min/km
451	99	389	Open	156	Lukhanyo	Gora	Male	Oxford Striders	4:15:54.153	+1:53:26.700	06:03 min/km
452	136	390	40-49	611	Mawande	Tembani	Male		4:16:03.049	+1:53:35.596	06:04 min/km
453	18	63	40-49	924	Melani	Smith	Female		4:16:07.981	+1:53:40.528	06:04 min/km
454	137	391	40-49	908	Denson	Shumo	Male	Adventists Athletics Club	4:16:17.922	+1:53:50.469	06:04 min/km
455	138	392	40-49	731	Sicelo	Madwabi	Male	Overtakers	4:16:23.746	+1:53:56.293	06:04 min/km
456	43	393	50-59	106	Vuyisile	Dondashe	Male	Adventists Athletics Club	4:16:30.234	+1:53:16.861	06:04 min/km
457	139	394	40-49	609	Mike	Taylor	Male	Oxford Striders	4:16:31.253	+1:54:03.800	06:04 min/km
458	140	395	40-49	138	Dale	Fourie	Male	Oxford Striders	4:16:31.768	+1:54:04.315	06:04 min/km
459	100	396	Open	601	Sakhikhaya	Susela	Male	Old Mutual Athletics Club	4:16:45.196	+1:54:17.743	06:05 min/km
460	18	64	35-39	372	Nolukholo	Mkrakra	Female	Buffalo Runners Athletics Club	4:16:48.357	+1:54:20.904	06:05 min/km
461	44	397	50-59	318	Themba	Matika	Male	All Stars Athletics Club	4:16:52.076	+1:54:24.623	06:05 min/km
462	111	398	35-39	861	Vumile	Gosa	Male	Cheetahs Athletic Club	4:16:56.236	+1:54:28.783	06:05 min/km
463	19	65	40-49	331	Ntombi	Mbane	Female	Buffalo Runners Athletics Club	4:17:03.257	+1:54:35.804	06:05 min/km
464	45	399	50-59	347	Malusi	Mene	Male		4:17:35.739	+1:55:08.286	06:06 min/km
465	141	400	40-49	868	Ntandazo	Ludidi	Male	Open Serve AC	4:17:36.771	+1:55:09.318	06:06 min/km
466	46	401	50-59	829	Robert	Ross	Male	Old Selbornian Road Runners	4:17:39.571	+1:55:12.118	06:06 min/km
467	47	402	50-59	867	Mncedisi Cameron	Dlova	Male	Cheetahs Athletic Club	4:17:53.665	+1:55:26.212	06:06 min/km
468	6	66	50-59	373	Kholiwe	Mlangeni	Female		4:17:54.298	+1:55:26.845	06:06 min/km
469	20	67	40-49	33	Wonga	Bizani	Female	Inyibiba AC	4:17:56.993	+1:55:29.540	06:06 min/km
470	112	403	35-39	148	Gcobani	Gantsho	Male	Old Mutual Athletics Club	4:18:11.225	+1:55:43.772	06:07 min/km
471	101	404	Open	51	David	Butler	Male	Oxford Striders	4:18:17.358	+1:55:49.905	06:07 min/km
472	102	405	Open	305	Eurico	Marques	Male		4:18:57.185	+1:56:29.732	06:08 min/km
473	113	406	35-39	742	Ntsindiso	Mdunyelwa	Male		4:19:23.126	+1:56:55.673	06:08 min/km
474	114	407	35-39	782	Thembela	Solilo	Male	Buffalo City Municipal AC	4:19:45.306	+1:57:17.853	06:09 min/km
475	103	408	Open	865	Ropafadzo	Banhwa	Male	RCJ GUGS	4:19:49.568	+1:57:22.115	06:09 min/km
476	3	409	60+	257	Mpumelelo	Maci	Male	BUFFS	4:20:02.010	+1:57:34.557	06:09 min/km
477	48	410	50-59	477	Mangalis	Nqezo	Male	Exmoor Harriers	4:20:51.600	+1:58:24.147	06:10 min/km
478	115	411	35-39	512	Shaun	Pauls	Male	Oxford Striders	4:20:52.827	+1:58:25.374	06:10 min/km
479	4	412	60+	542	Alan	Robb	Male	Germiston Callies Harriers	4:21:00.409	+1:58:32.956	06:11 min/km
480	19	68	35-39	787	Nomxolisi	Vuke	Female	Cheetahs Athletic Club	4:21:45.644	+1:59:18.191	06:12 min/km
481	142	413	40-49	112	Lulamile	Dyalo	Male	SABC Athletic Club	4:21:52.845	+1:59:25.392	06:12 min/km
482	20	69	35-39	226	Nandisiwe	Koti	Female	Old Mutual Athletics Club	4:21:56.956	+1:59:29.503	06:12 min/km
483	49	414	50-59	541	Mark	Richards	Male	Oxford Striders	4:22:01.989	+1:59:34.536	06:12 min/km
484	50	415	50-59	805	Mahalweni	Jameson	Male		4:22:15.723	+1:59:48.270	06:12 min/km
485	116	416	35-39	896	Angus	Hoffman	Male	MBSA Athletic Club	4:22:24.806	+1:59:57.353	06:13 min/km
486	24	70	Open	364	Toni	Midlane	Female	Born 2 Run AC Border	4:22:29.600	+2:00:02.147	06:13 min/km
487	143	417	40-49	883	Sinqumo	Sibanda	Male	Achilles AAA	4:22:53.497	+2:00:26.044	06:13 min/km
488	25	71	Open	655	Sulette	Viljoen	Female	Oxford Striders	4:23:13.614	+2:00:46.161	06:14 min/km
489	144	418	40-49	266	Anele	Magwentshu	Male		4:23:14.719	+2:00:47.266	06:14 min/km
490	5	419	60+	390	Zukile	Mpaphela	Male	Cheetahs Athletic Club	4:24:22.860	+2:01:55.407	06:15 min/km
491	51	420	50-59	533	Amos	Qwetha	Male		4:24:40.245	+2:02:12.792	06:16 min/km
492	145	421	40-49	691	Anthony	Cochran	Male	MBSA Athletic Club	4:24:44.477	+2:02:17.024	06:16 min/km
493	52	422	50-59	722	Vuyisile	Koko	Male	Old Mutual Athletic Club	4:24:47.283	+2:02:19.830	06:16 min/km
494	21	72	40-49	851	Nosisa	Hlulani	Female	Cheetahs Athletic Club	4:24:52.049	+2:02:24.596	06:16 min/km
495	146	423	40-49	615	Uwe-Franz	Tinhof	Male	Old Selbornian Road Runners	4:24:53.702	+2:02:26.249	06:16 min/km
496	21	73	35-39	75	Carey-Anne	Crossman	Female	Oxford Striders	4:24:57.879	+2:02:30.426	06:16 min/km
497	147	424	40-49	98	Thembani	Dimbaza	Male		4:25:29.511	+2:03:02.058	06:17 min/km
498	148	425	40-49	793	Vuyani	Ngam	Male	Correctional Services	4:25:46.642	+2:03:19.189	06:17 min/km
499	104	426	Open	12	Mathew	Babu	Male	Oxford Striders	4:25:54.609	+2:03:27.156	06:18 min/km
500	149	427	40-49	703	Tatase	Faku	Male	Real Gajimas	4:26:09.228	+2:03:41.775	06:18 min/km
501	117	428	35-39	70	Shaun	Counihan	Male	Oxford Striders	4:26:35.993	+2:04:08.540	06:19 min/km
502	150	429	40-49	78	Mbuyiselo	Dabi	Male	Real Gajimas	4:26:50.819	+2:04:23.366	06:19 min/km
503	151	430	40-49	904	Oyama	Makalima	Male	BUFFS	4:27:00.803	+2:04:33.350	06:19 min/km
504	118	431	35-39	779	Ayanda	Skwebu	Male	Overtakers	4:27:08.683	+2:04:41.230	06:19 min/km
505	152	432	40-49	16	Mzi	Baleni	Male		4:27:12.294	+2:04:44.841	06:19 min/km
506	153	433	40-49	668	Xolani	Xintolo	Male		4:27:14.861	+2:04:47.408	06:19 min/km
507	22	74	40-49	567	Ntombozuko	Sikiti	Female	Eskom Athletics Club Easter Cape	4:27:20.303	+2:04:52.850	06:20 min/km
508	154	434	40-49	803	Thuthutela	Ngxoli	Male	Buffalo Runners Athletics Club	4:27:20.648	+2:04:53.195	06:20 min/km
509	53	435	50-59	816	Jeremia	Mukosa	Male		4:27:46.506	+2:05:19.053	06:20 min/km
510	54	436	50-59	808	Mbuyiselo	Hina	Male	Real Gajimas	4:27:53.242	+2:05:25.789	06:20 min/km
511	155	437	40-49	438	Nkosiyethu	Ngcobo	Male	Phuma KZN	4:27:54.272	+2:05:26.819	06:20 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
512	55	438	50-59	694	Bernard	Cotterrell	Male	Queenstown Harriers	4:28:06.189	+2:05:38.736	06:21 min/km
513	23	75	40-49	430	Ncedisa	Ndonga	Female	Old Mutual Athletic Club	4:28:36.094	+2:06:08.641	06:21 min/km
514	24	76	40-49	326	Phila	Mayisela	Female		4:29:18.261	+2:06:50.808	06:22 min/km
515	22	77	35-39	357	Manqisa	Mgozi	Female	Buffalo City Municipal AC	4:29:31.685	+2:07:04.232	06:23 min/km
516	56	439	50-59	95	Craig	Dennill	Male	DWT	4:29:48.692	+2:07:21.239	06:23 min/km
517	25	78	40-49	23	Meloney	Beck	Female	Oxford Striders	4:29:55.123	+2:07:27.670	06:23 min/km
518	119	440	35-39	531	Mbulelo	Qumntu	Male		4:30:03.061	+2:07:35.608	06:23 min/km
519	7	79	50-59	469	Patricia	Norris	Female	Born 2 Run AC Border	4:30:11.919	+2:07:44.466	06:24 min/km
520	105	441	Open	910	Siviwe	Meveni	Male	Real Gijimas AC	4:30:14.963	+2:07:47.510	06:24 min/km
521	8	80	50-59	91	Marlene	De Wet	Female		4:30:18.358	+2:07:50.905	06:24 min/km
522	156	442	40-49	576	Monde	Skeyi	Male	Real Gajimas	4:30:27.940	+2:08:00.487	06:24 min/km
523	120	443	35-39	424	Malibongwe Sadam	Ndamase	Male		4:30:34.407	+2:08:06.954	06:24 min/km
524	106	444	Open	45	Mongezi	Bubu	Male		4:30:35.110	+2:08:07.657	06:24 min/km
525	107	445	Open	441	Luthando	Ngevayo	Male	Old Mutual Athletics Club	4:30:50.899	+2:08:23.446	06:25 min/km
526	121	446	35-39	710	Comfort	Guga	Male	MBSA Athletic Club	4:30:52.323	+2:08:24.870	06:25 min/km
527	122	447	35-39	145	Mzwanele	Funda	Male		4:30:52.565	+2:08:25.112	06:25 min/km
528	23	81	35-39	348	Nthabi	Mfabane	Female	Overtakers	4:30:52.996	+2:08:25.543	06:25 min/km
529	157	448	40-49	637	John	Turnbull	Male	Oxford Striders	4:31:06.617	+2:08:39.164	06:25 min/km
530	108	449	Open	111	Nathi	Dwayi	Male	Vukani Multisport Club	4:31:28.309	+2:09:00.856	06:25 min/km
531	26	82	Open	328	Alwaba	Mbadlanyana	Female		4:31:47.737	+2:09:20.284	06:26 min/km
532	6	450	60+	24	Cyril	Bekker	Male	Gonubie Harriers	4:31:58.792	+2:09:31.339	06:26 min/km
533	26	83	40-49	699	Peta-Jane	Dineen	Female	Born 2 Run AC Border	4:32:06.864	+2:09:39.411	06:26 min/km
534	158	451	40-49	272	Brendon	Main	Male	Born 2 Run AC Border	4:32:06.909	+2:09:39.456	06:26 min/km
535	27	84	40-49	172	Patricia	Hamlett	Female		4:32:33.876	+2:10:06.423	06:27 min/km
536	7	452	60+	177	Neil	Henderson	Male	Oxford Striders	4:32:52.014	+2:10:24.561	06:27 min/km
537	24	85	35-39	695	Zoleka	Daka	Female	Old Mutual Athletic Club	4:32:57.760	+2:10:30.307	06:28 min/km
538	25	86	35-39	492	Andisa	Ntshele	Female	Old Mutual Athletics Club	4:32:58.251	+2:10:30.798	06:28 min/km
539	27	87	Open	354	Skhunjhu Khunjulwa	Mgolodela	Female	Real Gajimas	4:33:36.130	+2:11:08.677	06:29 min/km
540	159	453	40-49	866	Loreen	Rubaba	Male	Harare Athletic	4:33:37.920	+2:11:10.467	06:29 min/km
541	160	454	40-49	427	Maswazi	Ndlela	Male	Team Vitality Running Club	4:33:41.344	+2:11:13.891	06:29 min/km
542	28	88	40-49	598	Charmaine	Stockigt	Female	Oxford Striders	4:33:46.131	+2:11:18.678	06:29 min/km
543	161	455	40-49	708	Bandile	Goda	Male	Inyibiba AC	4:33:48.951	+2:11:21.498	06:29 min/km
544	162	456	40-49	853	Sobantu	Tilayi	Male	Samsa Running Club	4:33:58.964	+2:11:31.511	06:29 min/km
545	163	457	40-49	555	Sandile	Selem	Male		4:34:08.512	+2:11:41.059	06:29 min/km
546	109	458	Open	107	Stephen	Du Preez	Male	Nedbank Running Club East London	4:34:50.596	+2:12:23.143	06:30 min/km
547	29	89	40-49	530	Noma-Efese	Qotoyi	Female		4:34:51.920	+2:12:24.467	06:30 min/km
548	28	90	Open	397	Asanda	Msaro	Female	Ikhamva AC	4:35:25.376	+2:12:57.923	06:31 min/km
549	164	459	40-49	8	Mandisi	Aplom	Male	Buffalo Runners Athletics Club	4:35:41.465	+2:13:14.012	06:31 min/km
550	110	460	Open	584	Sive	Soka	Male		4:35:47.039	+2:13:19.586	06:32 min/km
551	57	461	50-59	43	Quintin	Braun	Male	Hilton Harriers	4:35:51.138	+2:13:23.685	06:32 min/km
552	9	91	50-59	206	Immaculate	Jwili	Female	Collegians	4:35:51.559	+2:13:24.106	06:32 min/km
553	29	92	Open	88	Laura	De Lange	Female	Albany Road Runners	4:35:51.562	+2:13:24.109	06:32 min/km
554	26	93	35-39	487	Unati	Ntintili	Female	Eskom Athletics Club Easter Cape	4:35:54.915	+2:13:27.442	06:32 min/km
555	165	462	40-49	183	Zithulele	Hleko	Male	Nedbank Running Club East London	4:35:58.991	+2:13:31.538	06:32 min/km
556	166	463	40-49	327	Mluleki	Mba	Male	Old Mutual Athletics Club	4:36:29.466	+2:14:02.013	06:33 min/km
557	27	94	35-39	178	Melanie	Herman	Female	Oxford Striders	4:36:36.512	+2:14:09.059	06:33 min/km
558	30	95	40-49	344	Nadia	Meistre	Female	Oxford Striders	4:36:36.965	+2:14:09.512	06:33 min/km
559	30	96	Open	638	Sibongiseni	Tyeni	Female	Real Gajimas	4:36:48.300	+2:14:20.847	06:33 min/km
560	111	464	Open	224	Asanda	Koom	Male	Adventists Athletics Club	4:36:51.361	+2:14:23.908	06:33 min/km
561	10	97	50-59	626	Barbara	Townsend	Female		4:36:58.857	+2:14:31.404	06:33 min/km
562	28	98	35-39	462	Babalwa	Nompukane	Female	Vukani Multisport Club	4:37:15.300	+2:14:47.847	06:34 min/km
563	167	465	40-49	294	Siyakudumisa	Manycla	Male	Inyibiba AC	4:37:53.572	+2:15:26.119	06:35 min/km
564	123	466	35-39	561	Zolani	Shugu	Male		4:37:56.866	+2:15:29.413	06:35 min/km
565	168	467	40-49	585	Monwabisi	Somana	Male	Oxford Striders	4:38:01.055	+2:15:33.602	06:35 min/km
566	29	99	35-39	332	Tandisa	Mbanga	Female	Eskom Athletics Club Easter Cape	4:38:01.718	+2:15:34.265	06:35 min/km
567	31	100	40-49	230	Monica	Lahle	Female	Old Mutual Athletics Club	4:38:06.201	+2:15:38.748	06:35 min/km
568	30	101	35-39	771	Xoliswa	Sibeko	Female	Real Gajimas	4:38:22.530	+2:15:55.077	06:35 min/km
569	31	102	Open	823	Nokubonga	Mlibali	Female	Real Gajimas	4:38:39.369	+2:16:11.916	06:36 min/km
570	124	468	35-39	698	Lita	Dazana	Male	Old Mutual Athletic Club	4:38:48.505	+2:16:21.052	06:36 min/km
571	32	103	Open	723	Nolubaba	Kokose-Hlwele	Female	Old Mutual Athletic Club	4:38:52.207	+2:16:24.754	06:36 min/km
572	8	469	60+	393	Thabiso	Mpondo	Male		4:38:53.419	+2:16:25.966	06:36 min/km
573	112	470	Open	809	Malibongwe	Faye	Male	Real Gajimas	4:38:56.412	+2:16:28.959	06:36 min/km
574	31	104	35-39	696	Yolisa	Daniso	Female	Eskom Athletics Club Easter Cape	4:38:57.060	+2:16:29.607	06:36 min/km
575	169	471	40-49	660	Xolani	Wana	Male		4:38:57.112	+2:16:29.659	06:36 min/km
576	32	105	40-49	171	Jackie	Hall	Female	Queenstown Harriers	4:39:13.186	+2:16:45.733	06:36 min/km
577	33	106	40-49	454	Lwandlekazi	Nkontso	Female	Overtakers	4:39:13.295	+2:16:45.842	06:36 min/km
578	58	472	50-59	836	Titiba	Yanta	Male	Real Gajimas	4:39:15.612	+2:16:48.159	06:37 min/km
579	113	473	Open	902	Mzukisi	Sosibo	Male	Open Serve	4:39:40.327	+2:17:12.874	06:37 min/km
580	170	474	40-49	753	Tendani	Mufamadi	Male	Old Mutual Athletics Club	4:39:53.635	+2:17:26.182	06:37 min/km
581	125	475	35-39	496	Lavela	Nyati	Male		4:40:12.314	+2:17:44.861	06:38 min/km
582	171	476	40-49	664	Peter	Wiehahn	Male	Crusaders AC	4:40:12.861	+2:17:45.408	06:38 min/km
583	126	477	35-39	422	Sivuyile	Ndabambi	Male	Soul City Sport Athletics Club	4:40:23.703	+2:17:56.250	06:38 min/km
584	33	107	Open	263	Anelisa	Magama	Female	Real Gajimas	4:40:56.576	+2:18:29.123	06:39 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
585	11	108	50-59	597	Marianne	Stiglingh	Female	Kowie Striders	4:41:12.598	+2:18:45.145	06:39 min/km
586	127	478	35-39	3	Lonwabo	Adonis	Male		4:41:18.212	+2:18:50.759	06:39 min/km
587	172	479	40-49	901	Vuyani	Masiso	Male	Old Mutual Athletic Club	4:41:22.344	+2:18:54.891	06:40 min/km
588	59	480	50-59	569	Vusumzi	Simakuhle	Male	Nedbank Running Club - EP	4:41:30.913	+2:19:03.460	06:40 min/km
589	128	481	35-39	417	Brian	Myburgh	Male	Oxford Striders	4:41:31.787	+2:19:04.334	06:40 min/km
590	129	482	35-39	280	Langa	Makubalo	Male		4:41:31.913	+2:19:04.460	06:40 min/km
591	130	483	35-39	593	Lukanyo	Stemele	Male	Inyibiba AC	4:41:32.434	+2:19:04.981	06:40 min/km
592	173	484	40-49	169	Mbuelo	Gxota	Male		4:41:59.606	+2:19:32.153	06:40 min/km
593	174	485	40-49	860	Monde	Mqweba	Male	Old Mutual Athletics Club	4:42:19.850	+2:19:52.397	06:41 min/km
594	131	486	35-39	814	Sly	Dube	Male		4:42:34.194	+2:20:06.741	06:41 min/km
595	60	487	50-59	610	Xolani	Tebele	Male		4:42:40.957	+2:20:13.504	06:41 min/km
596	114	488	Open	658	Zihle	Wababa	Male		4:42:58.915	+2:20:31.462	06:42 min/km
597	175	489	40-49	622	Ndodie	Toni	Male	Qokolweni Athletic Club	4:43:31.317	+2:21:03.864	06:43 min/km
598	115	490	Open	168	Arongile	Gxagxisa	Male	QAC	4:43:31.714	+2:21:04.261	06:43 min/km
599	34	109	40-49	458	Kolisa	Nokoyo	Female		4:44:03.748	+2:21:36.295	06:43 min/km
600	34	110	Open	457	Siyasanga	Noganta	Female	MBSA Athletic Club	4:44:13.007	+2:21:45.554	06:44 min/km
601	35	111	Open	174	Mandy	Hatton	Female		4:44:26.969	+2:21:59.516	06:44 min/km
602	12	112	50-59	640	Heloise	Uys	Female		4:44:27.604	+2:22:00.151	06:44 min/km
603	32	113	35-39	420	Ntombentsha	Nazo	Female	Ikhamva AC	4:44:47.303	+2:22:19.850	06:44 min/km
604	36	114	Open	882	Sizibule	Dibela	Female	Eskom Athletics Club Easter Cape	4:44:47.459	+2:22:20.006	06:44 min/km
605	35	115	40-49	844	Akhona	Neka	Female	Real Gajimas	4:45:01.025	+2:22:33.572	06:45 min/km
606	176	491	40-49	570	Hlubi	Singama	Male	Old Mutual Athletics Club	4:45:01.508	+2:22:34.055	06:45 min/km
607	33	116	35-39	625	Nzali	Tono	Female	Old Mutual Athletics Club	4:45:20.384	+2:22:52.931	06:45 min/km
608	61	492	50-59	433	Paul	Neary	Male	East London Athletic Club	4:45:33.758	+2:23:06.305	06:46 min/km
609	36	117	40-49	132	Cindy	Forbes	Female	Charlo AC	4:45:37.623	+2:23:10.170	06:46 min/km
610	116	493	Open	302	Thomas	Marais	Male	Charlo AC	4:45:37.800	+2:23:10.347	06:46 min/km
611	34	118	35-39	153	Andiswa	Getye	Female		4:45:39.192	+2:23:11.739	06:46 min/km
612	132	494	35-39	48	Stephen	Burgess	Male	Crusaders AC	4:45:39.511	+2:23:12.058	06:46 min/km
613	133	495	35-39	341	Sbongile	Mcetywa	Male		4:45:43.827	+2:23:16.374	06:46 min/km
614	62	496	50-59	161	Rob	Green	Male	UJ ATHLETIC CLUB	4:45:54.352	+2:23:26.899	06:46 min/km
615	177	497	40-49	491	Mantu	Ntoyakhe	Male	Eskom Athletics Club Easter Cape	4:46:02.695	+2:23:35.242	06:46 min/km
616	178	498	40-49	166	Joseph	Gunn	Male	Nedbank Running Club East London	4:46:05.919	+2:23:38.466	06:46 min/km
617	179	499	40-49	505	Riaan	Olivier	Male	Nedbank Running Club East London	4:46:06.089	+2:23:38.636	06:46 min/km
618	37	119	Open	737	Nande	Mantiyane	Female	Ismo	4:46:09.359	+2:23:41.906	06:46 min/km
619	37	120	40-49	572	Yoliswa	Sinyanya	Female		4:46:16.274	+2:23:48.821	06:47 min/km
620	38	121	40-49	678	Nomajama	Zuzani	Female	Real Gajimas	4:46:18.217	+2:23:50.764	06:47 min/km
621	63	500	50-59	478	Damesi	Nqini	Male		4:46:19.347	+2:23:51.894	06:47 min/km
622	117	501	Open	659	Chad	Wakeford	Male	Oxford Striders	4:46:31.598	+2:24:04.145	06:47 min/km
623	134	502	35-39	225	Pieter	Korff	Male	Oxford Striders	4:46:31.994	+2:24:04.541	06:47 min/km
624	39	122	40-49	116	Pakama	Dyum	Female	Eskom Athletics Club Easter Cape	4:46:37.231	+2:24:09.778	06:47 min/km
625	35	123	35-39	732	Abongile	Mahamba	Female	Overtakers	4:46:51.732	+2:24:24.279	06:47 min/km
626	38	124	Open	84	Ndileka	Dayimani	Female	Real Gajimas	4:46:52.647	+2:24:25.194	06:47 min/km
627	64	503	50-59	126	Andile	Fani	Male	Old Mutual Athletics Club	4:46:53.647	+2:24:26.194	06:47 min/km
628	65	504	50-59	752	Gabs	Mtshala	Male	Old Mutual Athletic Club	4:46:55.200	+2:24:27.747	06:47 min/km
629	180	505	40-49	776	Mkhuseli	Siramza	Male	Real Gajimas	4:46:55.203	+2:24:27.750	06:47 min/km
630	1	125	60+	649	Rita	Van Niekerk	Female	Alpha Centurion Runners and Walkers	4:46:55.360	+2:24:27.907	06:47 min/km
631	181	506	40-49	203	Bonakele	Jora	Male		4:46:55.381	+2:24:27.928	06:47 min/km
632	118	507	Open	563	Bulela C	Sidloyi	Male	Old Mutual Athletics Club	4:46:57.865	+2:24:30.412	06:48 min/km
633	119	508	Open	157	Gregg	Gqamane	Male	Real Gajimas	4:47:04.643	+2:24:37.190	06:48 min/km
634	13	126	50-59	28	Margaret	Bentley	Female	Oxford Striders	4:47:25.362	+2:24:57.909	06:48 min/km
635	14	127	50-59	123	Nickey	Erasmus	Female		4:47:40.499	+2:25:13.046	06:49 min/km
636	182	509	40-49	559	Moses	Shasha	Male	Old Mutual Athletics Club	4:47:49.568	+2:25:22.115	06:49 min/km
637	183	510	40-49	18	Andrew	Barnes	Male		4:48:04.433	+2:25:36.980	06:49 min/km
638	184	511	40-49	724	Zamuxolo	Kunjuzwa	Male	Real Gajimas	4:48:10.317	+2:25:42.864	06:49 min/km
639	135	512	35-39	446	Zola	Ngwevela	Male	Vukani Multisport Club	4:48:11.728	+2:25:44.275	06:49 min/km
640	40	128	40-49	643	Mariane	Van Der Linde	Female	Nedbank Running Club East London	4:48:12.282	+2:25:44.829	06:49 min/km
641	136	513	35-39	100	Dubinkonzo	Dinga	Male	Old Mutual Athletics Club	4:48:16.738	+2:25:49.285	06:49 min/km
642	66	514	50-59	68	Aj	Corbett	Male	Oxford Striders	4:48:26.190	+2:25:58.737	06:50 min/km
643	41	129	40-49	69	Samantha	Corbett	Female	Oxford Striders	4:48:26.966	+2:25:59.513	06:50 min/km
644	42	130	40-49	551	Andrea	Saxton	Female		4:48:30.043	+2:26:02.590	06:50 min/km
645	137	515	35-39	290	Prince	Manganyi	Male	Old Mutual Athletics Club	4:48:42.721	+2:26:15.268	06:50 min/km
646	36	131	35-39	297	Cwayi	Mapekula	Female		4:48:52.564	+2:26:25.111	06:50 min/km
647	37	132	35-39	85	Senovia	De Bruin	Female	Old Mutual Athletics Club	4:48:54.181	+2:26:26.728	06:50 min/km
648	9	516	60+	392	Gladman	Mpemvushe	Male	Real Gajimas	4:49:15.436	+2:26:47.983	06:51 min/km
649	120	517	Open	666	Zukisa	Wonqwelo	Male		4:49:22.749	+2:26:55.296	06:51 min/km
650	43	133	40-49	243	Lee	Long	Female	Old Selbornian Road Runners	4:49:34.095	+2:27:06.642	06:51 min/km
651	67	518	50-59	801	Andile	Bovungana	Male	Vukani Multisport Club	4:49:37.048	+2:27:09.955	06:51 min/km
652	185	519	40-49	864	Itai	Tsakatsa	Male	Nedbank Running Club East London	4:49:37.168	+2:27:09.715	06:51 min/km
653	186	520	40-49	937	Kwezi	M98Puhlu	Male	Real Gajimas	4:49:37.170	+2:27:09.717	06:51 min/km
654	138	521	35-39	925	Vulithabu	Sangoni	Male	Healthiswealth	4:49:37.481	+2:27:10.028	06:51 min/km
655	187	522	40-49	587	Bafana	Soyamba	Male		4:49:37.730	+2:27:10.277	06:51 min/km
656	121	523	Open	315	Thembani	Matabata	Male	Nedbank Running Club East London	4:49:38.337	+2:27:10.884	06:51 min/km
657	139	524	35-39	407	Nkokheli	Mtshakaza	Male	MBSA Athletic Club	4:49:39.599	+2:27:12.146	06:51 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
658	188	525	40-49	201	Ronnie	Jonker	Male	Despatch AC	4:49:48.830	+2:27:21.377	06:52 min/km
659	122	526	Open	804	Hendrik	Coetzee	Male	Oxford Striders	4:50:05.279	+2:27:37.826	06:52 min/km
660	38	134	35-39	295	Fezeka	Manyika	Female	Old Mutual Athletics Club	4:50:08.489	+2:27:41.036	06:52 min/km
661	123	527	Open	747	Lukhanyo	Mhlelude	Male	Old Mutual Athletic Club	4:50:08.500	+2:27:41.047	06:52 min/km
662	189	528	40-49	769	Monwabisi	Pina	Male	Old Mutual Athletic Club	4:50:12.003	+2:27:44.550	06:52 min/km
663	124	529	Open	374	Zintle	Mmolutsi	Male	SABC Athletic Club	4:50:56.071	+2:28:33.317	06:53 min/km
664	68	530	50-59	221	Lizo	Koni	Male		4:51:00.770	+2:28:33.317	06:53 min/km
665	15	135	50-59	806	Marywa	Coetzee	Female	Oxford Striders	4:51:04.119	+2:28:36.666	06:53 min/km
666	39	136	35-39	704	Cristin	Flynn	Female		4:51:43.578	+2:29:16.125	06:54 min/km
667	190	531	40-49	863	Xolani	Gomo	Male	SDA AC	4:51:50.547	+2:29:23.094	06:54 min/km
668	125	532	Open	885	Mzuvukile	Sibhozo	Male	Nedbank Running Club East London	4:51:54.321	+2:29:26.868	06:55 min/km
669	191	533	40-49	891	Patrick Andile	Jack	Male	Gelvan AC	4:51:59.155	+2:29:31.702	06:55 min/km
670	192	534	40-49	895	Kaashief	Pietersen	Male	St. Albens AC	4:52:10.384	+2:29:42.931	06:55 min/km
671	44	137	40-49	892	Jasmine	Jack	Female	Gelvan AC	4:52:10.833	+2:29:43.380	06:55 min/km
672	140	535	35-39	933	Aluwani	Ramashau	Male	Real Gajimas	4:52:16.938	+2:29:49.485	06:55 min/km
673	39	138	Open	631	Ziphindiwe	Tshaka	Female		4:52:31.852	+2:30:04.399	06:55 min/km
674	193	536	40-49	262	Phila	Magadla	Male	Old Mutual Athletics Club	4:52:34.088	+2:30:06.635	06:55 min/km
675	45	139	40-49	636	Nomzingisi	Tukela	Female	Old Mutual Athletics Club	4:52:34.325	+2:30:06.872	06:55 min/km
676	40	140	Open	677	Anele	Zungula-Nomana	Female	Adventists Athletics Club	4:52:36.983	+2:30:09.530	06:56 min/km
677	16	141	50-59	419	Priscilla	Naidoo	Female	Team Vitality Running Club	4:53:01.639	+2:30:34.186	06:56 min/km
678	69	537	50-59	76	Gerhard	Cruywagen	Male	Nedbank Running Club East London	4:53:03.513	+2:30:36.060	06:56 min/km
679	40	142	35-39	211	Esmari	Kernekamp	Female	Nedbank Running Club East London	4:53:03.885	+2:30:36.432	06:56 min/km
680	46	143	40-49	53	Wendy	Cameron	Female	Bestmed Madibaz AC	4:53:14.110	+2:30:46.657	06:56 min/km
681	41	144	Open	639	Vuyiseka	Tyukala	Female		4:53:40.079	+2:31:12.626	06:57 min/km
682	194	538	40-49	260	Mathewu	Madlokazi	Male	Old Mutual Athletics Club	4:53:41.443	+2:31:13.990	06:57 min/km
683	195	539	40-49	55	Leon	Cassels	Male	Run Walk for Life 1½ Border	4:54:24.835	+2:31:57.882	06:58 min/km
684	126	540	Open	718	Juan	Karelse	Male	United Athletic Club	4:54:25.235	+2:31:57.782	06:58 min/km
685	17	145	50-59	210	Amanda	Kelly	Female	University of Fort Hare Athletics Club	4:54:25.265	+2:31:57.812	06:58 min/km
686	141	541	35-39	264	Bunono	Mageda	Male	Buffalo City Municipal AC	4:54:28.458	+2:32:01.005	06:58 min/km
687	196	542	40-49	700	Nceba	Dingi	Male	Correctional Services	4:54:45.930	+2:32:18.477	06:59 min/km
688	70	543	50-59	270	Siihaam	Mahomed	Male	United Athletic Club	4:55:13.952	+2:32:46.499	06:59 min/km
689	42	146	Open	647	Sandra	Van Der Walt	Female		4:55:18.239	+2:32:50.786	06:59 min/km
690	71	544	50-59	197	Gary	Jasson	Male	United Athletic Club	4:55:20.228	+2:32:52.775	06:59 min/km
691	41	147	35-39	283	Nolukhanyo	Malashe	Female	Overtakers	4:55:40.555	+2:33:13.102	07:00 min/km
692	47	148	40-49	648	Annelisa	Van Dyk	Female	United Athletic Club	4:55:40.854	+2:33:13.401	07:00 min/km
693	142	545	35-39	871	Sicelo	Pongoma	Male	Stutterheim Athletics Club	4:55:54.152	+2:33:26.699	07:00 min/km
694	43	149	Open	870	Matsephe	Pongoma	Female	Stutterheim Athletics Club	4:55:55.188	+2:33:27.735	07:00 min/km
695	48	150	40-49	727	Angie	Lindhorst	Female	Oxford Striders	4:56:02.018	+2:33:34.565	07:00 min/km
696	127	546	Open	336	Zukile	Mbelu	Male		4:56:03.021	+2:33:35.568	07:00 min/km
697	44	151	Open	353	Onela	Mgoli	Female		4:56:03.414	+2:33:35.961	07:00 min/km
698	42	152	35-39	497	Tamara	Nyati	Female		4:56:20.346	+2:33:52.893	07:01 min/km
699	128	547	Open	234	Christopher	Lategan	Male	Nedbank Running Club East London	4:56:57.453	+2:34:30	07:02 min/km
700	45	153	Open	376	Xoliswa	Mngcotane	Female		4:57:10.748	+2:34:43.295	07:02 min/km
701	129	548	Open	795	Gerhadus Dirk	Kotze	Male	Kovsies	4:57:31.388	+2:35:03.935	07:03 min/km
702	43	154	35-39	61	Natasha	Cohen	Female	Aliwal North Road Runners	4:57:45.503	+2:35:18.050	07:03 min/km
703	197	549	40-49	689	Nicholas	Butt	Male	Born 2 Run AC Border	4:57:48.230	+2:35:20.777	07:03 min/km
704	49	155	40-49	740	Zukiswa	Mbulawa	Female	Eskom Athletics Club Easter Cape	4:57:48.363	+2:35:20.910	07:03 min/km
705	198	550	40-49	118	Clinton	Els	Male	Buffalo Road Runners	4:57:51.999	+2:35:24.546	07:03 min/km
706	199	551	40-49	544	Randolph	Rodgers	Male	United Athletic Club	4:57:52.459	+2:35:25.006	07:03 min/km
707	50	156	40-49	504	Kerry	O'Farrell	Female		4:57:59.016	+2:35:31.563	07:03 min/km
708	10	552	60+	66	Shawn	Combrink	Male		4:57:59.291	+2:35:31.838	07:03 min/km
709	200	553	40-49	589	Siseko	Spelman	Male		4:58:00.669	+2:35:33.216	07:03 min/km
710	44	157	35-39	439	Tembeka	Ngesi	Female		4:58:02.622	+2:35:35.169	07:03 min/km
711	51	158	40-49	485	Nosiphiwo	Ntengento	Female		4:58:07.992	+2:35:40.539	07:03 min/km
712	45	159	35-39	575	Thembeka	Sitane	Female	MBSA Athletic Club	4:58:08.647	+2:35:41.194	07:03 min/km
713	18	160	50-59	473	Nomveliso	Notyesi	Female	Old Mutual Athletics Club	4:58:09.955	+2:35:42.502	07:03 min/km
714	19	161	50-59	893	Pearl	Damons	Female	Gelvan AC	4:58:12.496	+2:35:45.043	07:03 min/km
715	46	162	35-39	751	Xolelwa	Mtshagi	Female	Cheetahs Athletics Club	4:58:30.090	+2:36:02.637	07:04 min/km
716	201	554	40-49	4	Stephen	Alexander	Male		4:58:44.234	+2:36:16.781	07:04 min/km
717	72	555	50-59	612	Ngalwana	Thembaletu	Male		4:59:20.010	+2:36:52.557	07:05 min/km
718	52	163	40-49	591	Robyn	Spring	Female		4:59:21.349	+2:36:53.896	07:05 min/km
719	53	164	40-49	163	Surita	Greyling	Female		4:59:21.431	+2:36:53.978	07:05 min/km
720	130	556	Open	343	Sakhile	Mdluli	Male	Old Mutual Athletic Club	4:59:23.399	+2:36:55.946	07:05 min/km
721	73	557	50-59	760	Darwin	Nkonki	Male	Old Mutual Athletic Club	4:59:24.041	+2:36:56.588	07:05 min/km
722	143	558	35-39	467	Thoba	Nontsonto	Male	Old Mutual Athletic Club	4:59:51.730	+2:37:24.277	07:06 min/km
723	144	559	35-39	728	Vaughn	Lindhorst	Male	Oxford Striders	5:00:09.473	+2:37:42.020	07:06 min/km
724	46	165	Open	384	Zikhona	Monakali	Female	Real Gajimas	5:00:34.463	+2:38:07.010	07:07 min/km
725	74	560	50-59	164	Hubert	Gubevu	Male	Old Mutual Athletics Club	5:00:51.514	+2:38:24.061	07:07 min/km
726	202	561	40-49	735	Lubabalo	Makapela	Male	Old Mutual Athletics Club	5:01:07.064	+2:38:39.611	07:08 min/km
727	11	562	60+	580	Nicky	Smit	Male	Old Selbornian Road Runners	5:01:10.406	+2:38:42.953	07:08 min/km
728	54	166	40-49	42	Lee Anne	Botha	Female	Oxford Striders	5:01:11.314	+2:38:43.861	07:08 min/km
729	145	563	35-39	366	Lizo	Mjindi	Male	Old Mutual Athletics Club	5:01:14.642	+2:38:47.189	07:08 min/km
730	20	167	50-59	594	Ntomboxolo	Stemele	Female	Adventists Athletics Club	5:01:18.417	+2:38:50.964	07:08 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
731	55	168	40-49	765	Nosipho	Nqwata	Female	Old Mutual Athletic Club	5:01:21.027	+2:38:53.574	07:08 min/km
732	47	169	Open	619	Yonela	Tofu	Female	Old Mutual Athletics Club	5:01:21.277	+2:38:53.824	07:08 min/km
733	47	170	35-39	258	Nomvuyiseko	Macingwane	Female	Old Mutual Athletic Club	5:01:29.472	+2:39:02.019	07:08 min/km
734	75	564	50-59	720	Suliman	Kholil	Male	LAC	5:01:33.502	+2:39:06.049	07:08 min/km
735	56	171	40-49	768	Nomfundo	Pasiya	Female	Old Mutual Athletic Club	5:01:50.508	+2:39:23.055	07:09 min/km
736	57	172	40-49	436	Siziwe	Nene	Female	Adventists Athletics Club	5:01:55.002	+2:39:27.549	07:09 min/km
737	58	173	40-49	38	Vuyokazi	Booi	Female	PE AAC	5:01:55.518	+2:39:28.065	07:09 min/km
738	59	174	40-49	259	Lisa	Mackenzie	Female	Team Vitality Running Club	5:02:04.670	+2:39:37.217	07:09 min/km
739	48	175	Open	57	Tin-Wei	Chen	Female	Born 2 Run AC Border	5:02:21.040	+2:39:53.587	07:09 min/km
740	60	176	40-49	139	Josephine	Foyie	Female		5:02:51.661	+2:40:33.208	07:10 min/km
741	76	565	50-59	110	Leigh	Durrheim	Male		5:04:08.728	+2:41:41.275	07:12 min/km
742	77	566	50-59	546	Antony	Rooney	Male	Oxford Striders	5:04:23.451	+2:41:55.998	07:12 min/km
743	49	177	Open	62	Nicole	Coleman	Female	Nedbank Running Club East London	5:04:51.093	+2:42:23.640	07:13 min/km
744	203	567	40-49	313	David	Mason	Male		5:04:57.968	+2:42:30.515	07:13 min/km
745	50	178	Open	786	Zimkhitha	Vanqa	Female	Inyibiba AC	5:05:24.230	+2:42:56.777	07:14 min/km
746	78	568	50-59	108	Butch	Duffey	Male	Buffalo Club	5:06:31.457	+2:44:04.004	07:15 min/km
747	48	179	35-39	784	Noxolo	Tenge	Female	Inyibiba AC	5:07:10.979	+2:44:43.526	07:16 min/km
748	61	180	40-49	319	Xaxa	Matiti	Female		5:08:00.840	+2:45:33.887	07:17 min/km
749	51	181	Open	391	Nokutula	Mpazi	Female	Old Mutual Athletics Club	5:08:23.711	+2:45:56.258	07:18 min/km
750	204	569	40-49	876	Andile	Gogi	Male	Oxford Striders	5:08:31.796	+2:46:04.343	07:18 min/km
751	49	182	35-39	529	Tembi	Qolo	Female	Real Gajimas	5:08:46.006	+2:46:18.553	07:19 min/km
752	62	183	40-49	620	Ncumisa	Tokwe	Female		5:09:14.735	+2:46:47.282	07:19 min/km
753	63	184	40-49	534	Tabisa	Ralawe	Female	Old Mutual Athletics Club	5:09:20.563	+2:46:53.110	07:19 min/km
754	21	185	50-59	337	Tabiso	Mbiyozo	Female		5:09:23.176	+2:46:55.723	07:19 min/km
755	131	570	Open	165	Ryan	Guest	Male		5:09:31.035	+2:47:03.582	07:20 min/km
756	50	186	35-39	426	Bukelwa	Ndingaye	Female	Real Gajimas	5:09:49.549	+2:47:22.096	07:20 min/km
757	205	571	40-49	299	Thanduxolo	Maqase	Male	Buffalo Runners Athletics Club	5:09:55.229	+2:47:27.776	07:20 min/km
758	132	572	Open	17	Dericck	Bamber	Male	Crusaders AC	5:10:25.434	+2:47:57.981	07:21 min/km
759	64	187	40-49	440	Nosipho	Ngetu	Female		5:10:26.664	+2:47:59.211	07:21 min/km
760	52	188	Open	182	Chumani	Hlatshaneni	Female		5:10:58.722	+2:48:31.269	07:22 min/km
761	51	189	35-39	770	Queen	Rasmeni	Female	Buffalo City Municipal AC	5:11:09.474	+2:48:42.021	07:22 min/km
762	12	573	60+	802	Geoff	Preston	Male	BUFFS	5:12:06.559	+2:49:39.106	07:23 min/km
763	79	574	50-59	690	Fikile	Buwa	Male	Old Mutual Athletics Club	5:12:06.882	+2:49:39.429	07:23 min/km
764	13	575	60+	215	Kevin	Kirton	Male	Oxford Striders	5:12:13.453	+2:49:46	07:23 min/km
765	14	576	60+	875	David	O'Reilly	Male	Nedbank Running Club East London	5:12:39.176	+2:50:11.723	07:24 min/km
766	65	190	40-49	222	Tabisa	Konyashe	Female	Multichoice Running Club	5:12:43.364	+2:50:15.911	07:24 min/km
767	66	191	40-49	404	Nosiphatho	Mtotywa	Female	Eskom Athletics Club Easter Cape	5:14:40.792	+2:52:13.339	07:27 min/km
768	67	192	40-49	248	Siyasanga	Mabala	Female		5:14:44.263	+2:52:16.810	07:27 min/km
769	80	577	50-59	228	Egbert	Kruse	Male		5:15:16.395	+2:52:48.942	07:28 min/km
770	53	193	Open	595	Nolubabalo	Stemele	Female	Real Gajimas	5:15:46.695	+2:53:19.242	07:28 min/km
771	54	194	Open	14	Saneziwe	Baduza	Female	Old Mutual Athletics Club	5:17:23.264	+2:54:55.811	07:31 min/km
772	68	195	40-49	545	Annetjie	Rogers	Female	Pacers	5:18:54.462	+2:56:27.009	07:33 min/km
773	22	196	50-59	522	Sharon	Pirie	Female	Oxford Striders	5:19:33.066	+2:57:05.613	07:34 min/km
774	69	197	40-49	613	Maureen	Thisani	Female	Old Mutual Athletics Club	5:19:41.773	+2:57:14.320	07:34 min/km
775	52	198	35-39	877	Zakhe	Vuyolwethu	Female	Real Gajimas	5:20:14.542	+2:57:47.089	07:35 min/km
776	23	199	50-59	680	Soraya	Abdurahman	Female	Born 2 Run AC Border	5:21:10.167	+2:58:42.714	07:36 min/km
777	55	200	Open	588	Khungeka	Soyeye	Female	Buffalo Runners Athletics Club	5:22:25.444	+2:59:57.991	07:38 min/km
778	146	578	35-39	39	David	Booyesen	Male		5:23:00.300	+3:00:32.847	07:39 min/km
779	206	579	40-49	702	Xolisile	Dume	Male	MBSA Athletic Club	5:23:12.064	+3:00:44.611	07:39 min/km
780	70	201	40-49	59	Bronwyn	Claridge	Female	Oxford Striders	5:24:32.989	+3:02:05.536	07:41 min/km
781	81	580	50-59	548	Donn Pakamisa	Rozani	Male	Oxford Striders	5:25:35.957	+3:03:08.504	07:42 min/km
782	56	202	Open	193	Bavuyise	Jabane	Female		5:27:04.453	+3:04:37	07:45 min/km
783	147	581	35-39	147	Sidima	Gamedala	Male	Adventists Athletics Club	5:27:16.588	+3:04:49.135	07:45 min/km
784	207	582	40-49	858	Xolani	Luthuli	Male	Old Mutual Athletics Club	5:28:15.209	+3:05:47.756	07:46 min/km
785	53	203	35-39	114	Poppy	Dyasi	Female	Eskom Athletics Club Easter Cape	5:28:26.478	+3:05:59.025	07:46 min/km
786	57	204	Open	878	Thandile	Zakhe	Female		5:28:46.684	+3:06:19.231	07:47 min/km
787	71	205	40-49	813	Zoleka	Mazwi	Female	Old Mutual Athletics Club	5:30:52.901	+3:08:25.448	07:50 min/km
788	133	583	Open	712	Lukaanyo	Hlasela	Male	Buffalo City Municipal AC	5:30:53.358	+3:08:25.905	07:50 min/km
789	72	206	40-49	520	Dena	Phillips	Female	Oxford Striders	5:31:25.434	+3:08:57.981	07:51 min/km
790	54	207	35-39	701	Sibongile	Dlamini	Female	Real Gajimas	5:33:28.969	+3:11:01.516	07:54 min/km
791	58	208	Open	398	Nontlahla	Msindwana	Female	National Lotteries Board AC	5:33:44.512	+3:11:17.059	07:54 min/km
792	73	209	40-49	103	Zandile	Dlova	Female	Buffalo City Municipal AC	5:33:53.771	+3:11:26.318	07:54 min/km
793	134	584	Open	811	Ben	Mofokeng	Male	Eskom Athletics Club Easter Cape	5:35:44.027	+3:13:16.574	07:57 min/km
794	74	210	40-49	361	Ayandiswa	Mgwebi	Female		5:36:28.972	+3:14:01.519	07:58 min/km
795	55	211	35-39	652	Natasha	Venter	Female	East London Athletic Club	5:38:39.288	+3:16:11.835	08:01 min/km
796	75	212	40-49	464	Thembakazi	Nondudule	Female	National Lotteries Board AC	5:40:47.305	+3:18:19.852	08:04 min/km
797	76	213	40-49	856	Nokuzola	Apleni	Female	DSRACAC	5:42:56.152	+3:20:28.699	08:07 min/km
798	135	585	Open	329	Mbasa	Mbali	Male	Real Gajimas	5:42:59.229	+3:20:31.776	08:07 min/km
799	59	214	Open	223	Zanele	Konza	Female		5:43:10.609	+3:20:43.156	08:07 min/km
800	77	215	40-49	97	Maritza	Dietrichsen	Female	Oxford Striders	5:43:14.326	+3:20:46.873	08:08 min/km
801	56	216	35-39	614	Tanya	Timms	Female	Old Selbornian Road Runners	5:43:14.607	+3:20:47.154	08:08 min/km
802	60	217	Open	377	Ntombencinci	Mnguni	Female		5:43:40.217	+3:21:12.764	08:08 min/km
803	15	586	60+	822	Wilfred	Shelton	Male	Oxford Striders	5:43:52.733	+3:21:25.280	08:08 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
804	78	218	40-49	794	Babongile	Mhlongo	Female	Real Gajimas	5:44:05.591	+3:21:38.138	08:09 min/km
805	61	219	Open	560	Nomveliso	Shasha	Female	Old Mutual Athletics Club	5:44:10.193	+3:21:42.740	08:09 min/km
806	57	220	35-39	151	Vuyi	Gela	Female		5:44:21.896	+3:21:54.443	08:09 min/km
807	62	221	Open	632	Nandi	Tshangana	Female		5:48:01.402	+3:25:33.949	08:14 min/km
808	63	222	Open	418	Nokutula	Mzamo	Female		5:48:02.677	+3:25:35.224	08:14 min/km
809	208	587	40-49	437	Sabelo	Ngamlana	Male	Qokolweni Athletic Club	5:49:05.885	+3:26:38.432	08:16 min/km
810	79	223	40-49	321	Nolitha	Matshikwe	Female		5:49:50.667	+3:27:23.214	08:17 min/km
811	80	224	40-49	2	Zandile	Adams	Female		5:56:28.317	+3:34:00.864	08:26 min/km
812	148	588	35-39	766	Themela	Ntsimango	Male	Old Mutual Athletic Club	5:57:33.733	+3:35:06.280	08:28 min/km
813	149	589	35-39	284	Luyolo	Maliwa	Male	MBSA Athletic Club	6:01:42.967	+3:39:15.514	08:34 min/km
814	82	590	50-59	334	Loyiso	Mbatani	Male	Real Gajimas	6:02:42.562	+3:40:15.109	08:35 min/km
815	16	591	60+	547	Smartryk Corneluis	Rossouw	Male	Queenstown Harriers	6:02:49.301	+3:40:21.848	08:35 min/km

