

<u>Place</u>	<u>Bib#</u>	<u>Surname</u>	<u>Firstname</u>	<u>Time</u>	<u>Pace</u>	<u>Type</u>	<u>Division</u>
1	489	Marikeni	Zingisile	2:28:04.693	3:31	Run	(M)35-39
2	74	Mfowentsizwei	Simphiwe	2:30:25.946	3:34	Run	(M)0-34
3	488	Nzingo	Nkosinathi	2:30:50.996	3:34	Run	(M)0-34
4	330	Edwards	Thomas	2:31:58.566	3:36	Run	(M)35-39
5	75	Rhafuza	Thandabantu	2:37:10.453	3:43	Run	(M)0-34
6	280	Kidgell	Warren	2:38:21.216	3:45	Run	(M)35-39
7	274	Noluhlazana	Bonginkosi	2:41:17.956	3:49	Run	(M)40-49
8	456	Eichert	Paul	2:41:28.456	3:50	Run	(M)35-39
9	379	Zondi	Mdumiseni	2:42:21.710	3:51	Run	(M)35-39
10	245	Mema	Mbuyiseli	2:43:51.336	3:53	Run	(M)35-39
11	30	Mbelu	Silveret	2:44:18.710	3:54	Run	(M)40-49
12	428	Luqongo	Samuel	2:44:45.756	3:54	Run	(M)0-34
13	60	Hadebe	Nkosinathi	2:45:35.463	3:55	Run	(M)35-39
14	434	Eshetu	Beyene	2:46:33.353	3:57	Run	(M)0-34
15	396	Tomas	Lizo	2:47:11.210	3:58	Run	(M)50-59
16	155	Masumpa	Makaya	2:47:35.703	3:58	Run	(M)40-49
17	303	Paul	Gary	2:48:16.810	3:59	Run	(M)0-34
18	200	Mashicila	Xoliile	2:48:46.216	4:00	Run	(M)35-39
19	453	Fowles	Oliver	2:49:12.023	4:01	Run	(M)0-34
20	538	Mdyogolo	Thembinkosi	2:52:08.686	4:05	Run	(M)40-49
21	449	Madlavana	Sakhumzi	2:53:33.970	4:07	Run	(M)35-39
22	485	Doran	Fritz	2:53:43.970	4:07	Run	(M)40-49
23	176	Kebeni	Mzukisi	2:54:20.470	4:08	Run	(M)35-39
24	142	Bashe	Bongani	02:54:40AM	4:08	Run	(M)0-34
25	126	Smith	Stephanie	2:55:12.723	4:09	Run	(F)0-34
26	216	Lele	Siyabonga	02:55:45AM	4:09	Run	(M)0-34
27	231	Gqeba	Sibongile	2:56:31.400	4:11	Run	(M)35-39
28	378	Jele	Khawulani	2:57:30.953	4:12	Run	(M)35-39
29	199	Lwando	Jack	2:58:36.473	4:14	Run	(M)0-34
30	114	De Klerk	Raymond	2:59:05.030	4:15	Run	(M)0-34
31	209	Ntamo	Vincent	3:00:01.476	4:16	Run	(M)40-49
32	256	Emslie	Vaughan	3:00:20.976	4:16	Run	(M)40-49
33	479	Tishini	Welcome	3:01:47.476	4:18	Run	(M)40-49
34	212	Zulu	Mndeni	3:02:13.406	4:19	Run	(M)35-39
35	188	Mpalala	Mzoli	3:02:28.230	4:19	Run	(M)50-59
36	51	Mashimane	Sibonelo	3:02:36.726	4:20	Run	(M)35-39
37	273	Martin	Craig	3:02:40.230	4:20	Run	(M)40-49
38	346	Retyu	Zakuthini	3:04:22.053	4:22	Run	(M)40-49
39	525	Jass	Bongani	3:05:20.006	4:24	Run	(M)0-34
40	237	Yose	Mcebisi	3:06:12.233	4:25	Run	(M)35-39
41	356	Franz	Dean	3:06:28.233	4:25	Run	(F)35-39
42	205	Meijers	Stephen	3:07:28.483	4:27	Run	(M)50-59
43	329	Morgan	Wendy	3:08:34.563	4:28	Run	(F)40-49
44	539	Mackenzie	Andrew	3:08:55.236	4:29	Run	(M)40-49
45	123	Mnyamana	Thozamile	3:09:33.986	4:30	Run	(M)40-49
46	424	Wright	Matthew	3:09:47.486	4:30	Run	(M)0-34
47	242	Mbotyeni	Ayanda	3:10:28.190	4:31	Run	(M)0-34
48	547	Rantjie	Tshepo	3:10:35.493	4:31	Run	(M)35-39
49	234	Melame	Mlungiseleli	3:11:25.986	4:32	Run	(M)0-34

50	445	Burse	Peter	3:11:50.396	4:33	Run	(M)35-39
51	134	Ndabeni	Vukile	3:13:18.240	4:35	Run	(M)35-39
52	448	Unknown	One	3:13:25.033	4:35	Run	(M)50-59
53	531	Westbrook	Roger	3:13:33.740	4:35	Run	(M)35-39
54	331	Nyokana	Themobile	3:15:06.420	4:37	Run	(M)40-49
55	69	Galela	Mzwanele	3:16:42.993	4:40	Run	(M)40-49
56	31	Banfield	Jené	3:17:15.436	4:40	Run	(F)40-49
57	321	Gous	Kevin	3:18:10.743	4:42	Run	(M)35-39
58	554	Bara	Sabelo	3:19:44.246	4:44	Run	(M)40-49
59	386	Venter	Marcel	3:19:58.246	4:44	Run	(M)50-59
60	145	Hockly	Mario	3:19:59.016	4:44	Run	(M)50-59
61	61	Hewetson	Shaun	3:19:59.746	4:44	Run	(M)0-34
62	139	Van Der Merwe	Brandon	3:20:40.996	4:45	Run	(M)35-39
63	146	Mbalekwa	Luyanda	3:20:52.050	4:46	Run	(M)35-39
64	435	Kutta	Zwelakhwe	3:20:58.286	4:46	Run	(M)50-59
65	203	Moolman	Nandus	3:21:12.246	4:46	Run	(M)40-49
66	148	Phumlani	Sikweza	03:22:10AM	4:48	Run	(M)0-34
67	284	Quinn	Matthew	3:22:16.276	4:48	Run	(M)35-39
68	224	Mphoswa	Roseman	3:22:22.020	4:48	Run	(M)0-34
69	136	Dumisa	Masixole	3:22:26.553	4:48	Run	(M)0-34
70	125	Smith	Travis	3:23:16.500	4:49	Run	(M)0-34
71	540	Ndzundzu	Simphiwe	3:23:23.810	4:49	Run	(M)40-49
72	543	Hunter	Sandy	3:23:34.980	4:49	Run	(F)35-39
73	63	Nesi	Mzwabantu	3:23:44.103	4:50	Run	(M)0-34
74	208	Mgangato	Xolani	3:23:45.500	4:50	Run	(M)0-34
75	327	Kriel	Gabriel	3:24:30.520	4:51	Run	(M)0-34
76	497	Baddis	Demetrious	3:24:35.596	4:51	Run	(M)40-49
77	451	Masuch	Holger	3:24:41.750	4:51	Run	(M)40-49
78	228	Spelo	Bobotyana	3:24:51.816	4:51	Run	(M)40-49
79	127	Mbambisa	Mpumzi	3:25:12.503	4:52	Run	(M)35-39
80	152	Arentsen	Wesley	3:25:51.503	4:53	Run	(M)0-34
81	112	Maart	Wayne	3:25:57.500	4:53	Run	(M)35-39
82	439	Heurlin	Jarl	3:27:02.253	4:54	Run	(M)40-49
83	47	Mthethwa	Lindani	3:27:14.003	4:55	Run	(M)0-34
84	409	Webber	Ingrid	3:27:34.003	4:55	Run	(F)0-34
85	156	Langeni	Ayabonga	3:27:50.980	4:55	Run	(M)0-34
86	299	van Staden	Boysie	3:28:03.010	4:56	Run	(M)60-79
87	552	Maso	Vuyani	3:28:13.513	4:56	Run	(M)50-59
88	220	Booyens	Andrew	3:28:15.530	4:56	Run	(M)40-49
89	519	Lolwana	Colbert	3:28:17.503	4:56	Run	(M)40-49
90	412	Adams	Eric	3:28:20.586	4:56	Run	(M)50-59
91	138	Myataza	Zolani	3:28:30.756	4:56	Run	(M)40-49
92	403	Burns	James	3:28:40.503	4:57	Run	(M)0-34
93	64	Calaza	Sizwe	3:28:43.506	4:57	Run	(M)40-49
94	411	Makapela	Craig	3:29:02.006	4:57	Run	(M)35-39
95	115	Mtshabe	Ntsikane	3:29:45.756	4:58	Run	(M)50-59
96	235	Dlisani	Manelisi	3:30:17.506	4:59	Run	(M)0-34
97	536	Louw	Dap	3:30:19.006	4:59	Run	(M)0-34
98	293	Abdool	Sabra	3:31:09.006	5:00	Run	(F)50-59
99	167	Ncana	Lundi	3:31:12.256	5:00	Run	(M)35-39

100	484	Skepu	Zolani	3:31:18.923	5:00	Run	(M)35-39
101	471	Hanafey	Craig	3:31:56.506	5:01	Run	(M)40-49
102	557	Muller	Giddo	3:33:16.760	5:03	Run	(M)0-34
103	149	Rautini	Mzotheni	3:33:37.756	5:04	Run	(M)35-39
104	302	Botha	Pieter	3:34:00.760	5:04	Run	(M)40-49
105	401	Petersen	Brett	3:34:24.260	5:05	Run	(M)35-39
106	376	Beltrame	Vic	3:34:25.260	5:05	Run	(M)40-49
107	322	Tshecwa	Patric	3:34:28.760	5:05	Run	(M)0-34
108	76	Chiwaya	Peter	3:35:08.260	5:06	Run	(M)0-34
109	344	Ndzandza	Luyanda	3:35:15.660	5:06	Run	(M)0-34
110	308	Grindlay	Cynthia	3:35:33.010	5:06	Run	(F)50-59
111	262	Lionnet	Christopher	3:36:17.446	5:08	Run	(M)0-34
112	183	Petyt	Terence	3:36:28.260	5:08	Run	(M)35-39
113	82	Sambane	Thobela	3:36:37.763	5:08	Run	(M)0-34
114	278	Hislop	John	3:36:50.440	5:08	Run	(M)40-49
115	283	Lehmann	Timo	3:37:31.513	5:09	Run	(M)0-34
116	52	Ntoni	Khaya lethu	3:37:40.606	5:09	Run	(M)40-49
117	357	Labuschagne	Jan	3:37:55.100	5:10	Run	(M)35-39
118	219	Wadge	Ric	3:38:00.513	5:10	Run	(M)0-34
119	165	Worley	Scott	3:38:20.263	5:10	Run	(M)40-49
120	533	Nomwa	Malungisa	3:38:29.016	5:11	Run	(M)50-59
121	541	Wilson	Scott	3:38:47.013	5:11	Run	(M)40-49
122	143	Ncapai	Phumzile	3:38:54.266	5:11	Run	(M)40-49
123	113	Ndakisa	Luvumile	3:38:56.763	5:11	Run	(M)50-59
124	369	Webster	Antony	3:38:59.513	5:11	Run	(M)50-59
125	8	Mateo	Faro	3:39:10.050	5:12	Run	(M)40-49
126	191	Sibanda	Mloyiswa	3:39:32.290	5:12	Run	(M)35-39
127	427	Graham	Brenda	3:39:32.516	5:12	Run	(F)0-34
128	298	Cilliers	Elize	3:39:34.246	5:12	Run	(F)50-59
129	333	Pienaar	Charl	3:39:35.103	5:12	Run	(M)50-59
130	35	Mekeni	Sinethemba	3:39:37.766	5:12	Run	(M)0-34
131	215	Matika	Themba	3:39:45.763	5:12	Run	(M)40-49
132	179	Mufamadi	Tendani	3:39:56.766	5:13	Run	(M)35-39
133	495	Novukela	Cawe	3:40:10.016	5:13	Run	(M)50-59
134	387	De Barros	Rui	3:40:30.766	5:14	Run	(M)35-39
135	239	Josi	Msindisi	3:42:17.016	5:16	Run	(M)0-34
136	441	Tinhof	Uwe-Franz	3:42:25.516	5:16	Run	(M)40-49
137	175	Chelesi	Collet	3:42:40.516	5:17	Run	(M)35-39
138	1	Smit	Nicky	3:43:00.170	5:17	Run	(M)60-79
139	c5	Chambers	Jason	03:43:05AM	5:17	Run	(M)40-49
140	433	Mdwayi	Nolukhanyo	3:43:09.516	5:17	Run	(F)0-34
141	222	Jekana	Bolly	3:43:29.016	5:18	Run	(M)40-49
142	106	Majiki	Simphiwe	3:44:02.270	5:19	Run	(M)0-34
143	537	Sibaca	Loyiso	3:44:14.270	5:19	Run	(M)35-39
144	160	Tyopo	Ede	3:44:14.520	5:19	Run	(M)0-34
145	559	Ndzima	Elvis	3:44:18.770	5:19	Run	(M)40-49
146	522	Powell	Craig	3:44:39.520	5:19	Run	(M)40-49
147	290	Bosch	Colin	3:44:43.270	5:20	Run	(M)50-59
148	418	Collins	Paddy	3:44:45.270	5:20	Run	(M)60-79
149	476	Stapelberg	Mariette	3:44:54.020	5:20	Run	(F)35-39

150	157	Thoresen	Jason	3:44:57.683	5:20	Run	(M)0-34
151	467	Makalima	Vukani	3:45:17.770	5:20	Run	(M)0-34
152	437	Yazbek	Matthew	3:45:22.270	5:20	Run	(M)40-49
153	415	Mandell	David	3:45:28.270	5:21	Run	(M)50-59
154	c4	Moeketsi	Kabeli	03:45:41AM	5:22	Run	(M)35-39
155	292	Buchner	Jo-Anne	3:46:15.460	5:22	Run	(F)40-49
156	291	Midlane	Christopher	3:46:16.106	5:22	Run	(M)40-49
157	88	Mtati	Nkululeko	3:47:09.273	5:23	Run	(M)35-39
158	486	Gxotani	Sikelelwe	3:47:20.523	5:23	Run	(M)0-34
159	119	De La Querra	Ernest	3:47:22.923	5:23	Run	(M)0-34
160	452	Langtree	Alison	3:47:24.966	5:23	Run	(F)0-34
161	178	Menze	Vuyo	3:47:30.923	5:23	Run	(M)35-39
162	395	Petersen	Jenni	3:47:53.523	5:24	Run	(F)0-34
163	301	Bosch	Adele	3:47:53.950	5:24	Run	(F)50-59
164	68	Smit	Zelda	3:47:54.760	5:24	Run	(F)40-49
165	507	Ngetu	Siyambulela	3:48:42.023	5:25	Run	(M)0-34
166	380	Hendrikse	Kevin	3:48:50.526	5:25	Run	(M)40-49
167	266	Viljoen	Nikki	3:48:56.950	5:25	Run	(F)35-39
168	38	Neerunjan	Rishi	3:49:07.776	5:26	Run	(M)35-39
169	316	Govender	Ronnie	3:49:12.523	5:26	Run	(M)40-49
170	446	Bottoman	Lindelo	3:49:17.776	5:26	Run	(M)40-49
171	c7	Newey	Janine	03:49:32AM	5:26	Run	(F)0-34
172	67	Hlophe	Sifiso	3:49:36.276	5:26	Run	(M)35-39
173	159	Mgandela	Nkululeko	3:49:56.026	5:27	Run	(M)35-39
174	464	Victor	Martin	3:50:02.626	5:27	Run	(M)40-49
175	267	Brotherton	Buster	3:50:13.026	5:27	Run	(M)0-34
176	524	Sikweza	Phumlani	3:50:24.213	5:28	Run	(M)0-34
177	c2	Langley	Gail	03:50:34AM	5:28	Run	(M)40-49
178	353	Mandla	Mbuyiseli	3:51:07.526	5:29	Run	(M)40-49
179	504	Dennill	Craig	3:51:15.870	5:29	Run	(M)40-49
180	87	Xabakashe	Ayanda	3:51:20.436	5:29	Run	(M)35-39
181	317	Webb	Michael	3:52:12.276	5:30	Run	(M)40-49
182	496	Pienaar	Morne	3:52:17.776	5:30	Run	(M)0-34
183	324	Dennill	Tammy	03:52:25AM	6:57	Run	(F)40-49
184	150	Gwexa	Ashington	3:52:57.276	5:31	Run	(M)35-39
185	192	Ndonga	Ncedisa	3:53:28.780	5:32	Run	(F)35-39
186	432	Le Roux	Rudi	3:53:47.780	5:32	Run	(M)0-34
187	544	Hunter	Stuart	3:53:48.666	5:32	Run	(M)40-49
188	361	Pretorius	Schoombee	3:53:52.780	5:33	Run	(M)50-59
189	431	Collins	Greg	3:54:13.780	5:33	Run	(M)35-39
190	65	Mba	Mluleki	3:54:18.753	5:33	Run	(M)35-39
191	246	Mahlali	Mvuso	3:54:20.280	5:33	Run	(M)0-34
192	551	Mxabo	Zolani	3:54:50.280	5:34	Run	(M)35-39
193	521	Ally	Wayde	3:55:02.030	5:34	Run	(M)0-34
194	294	Quinlan	Andrew	3:55:18.616	5:35	Run	(M)40-49
195	515	Badenhorst	Glenda	3:55:19.006	5:35	Run	(F)50-59
196	236	Qwethu	Amos	3:55:25.873	5:35	Run	(M)40-49
197	358	Van Gent	Charlie	3:55:26.866	5:35	Run	(M)35-39
198	261	Ford	Clinton	3:55:27.293	5:35	Run	(M)40-49
199	122	Forword	Shane	3:55:28.120	5:35	Run	(M)0-34

200	328	Forgan	Sarah-Jane	3:56:16.033	5:36	Run	(F)0-34
201	40	Morgan	Mike	3:56:48.293	5:37	Run	(M)40-49
202	186	Mbambo	Simphiwe	3:56:56.993	5:37	Run	(M)40-49
203	116	Mtshabe	Ntsikelelo	3:56:57.240	5:37	Run	(M)50-59
204	457	Njengele	Vukile	3:57:08.283	5:37	Run	(M)50-59
205	492	Genu	Noloyiso	3:57:25.033	5:38	Run	(F)35-39
206	271	Lilford	Craig	3:57:28.533	5:38	Run	(M)40-49
207	520	Gibson	Peter	3:57:37.283	5:38	Run	(M)35-39
208	335	Des Tombe	Paul	3:57:42.213	5:38	Run	(M)50-59
209	211	Nyemba	Pearl	3:57:49.033	5:38	Run	(F)35-39
210	477	O Reilly	Peter	3:58:23.303	5:39	Run	(M)40-49
211	141	Mdingi	Zakhele	3:58:32.880	5:39	Run	(M)40-49
212	530	Evans	Mark	3:58:34.533	5:39	Run	(M)0-34
213	373	Swift	Keri	3:58:39.783	5:39	Run	(F)35-39
214	337	Pretorius	Louis	3:58:40.383	5:39	Run	(M)50-59
215	392	Mashimane	Nontuthuko	3:58:41.610	5:39	Run	(F)0-34
216	466	Carr	Mike	3:58:42.556	5:39	Run	(M)40-49
217	421	Franzen	Irmgard	3:58:46.283	5:39	Run	(F)40-49
218	450	Mtoli	Edumisa	3:59:05.283	5:40	Run	(M)0-34
219	73	Van Staaden	Garrion	3:59:16.390	5:40	Run	(M)0-34
220	59	Bekker	Cyril	3:59:45.430	5:41	Run	(M)60-79
221	502	Magadca	Phila	4:00:18.040	5:42	Run	(M)40-49
222	103	Mpolweni	Nkosana	4:00:20.286	5:42	Run	(M)50-59
223	169	Dabi	Mbuyiselo	4:00:22.786	5:42	Run	(M)35-39
224	362	Pearse	Peter	4:01:00.733	5:43	Run	(M)50-59
225	90	Ranger	Peter	4:01:48.326	5:44	Run	(M)35-39
226	41	Vermeulen	Lindy	4:01:49.596	5:44	Run	(F)0-34
227	394	Mtiya	Bongani	4:02:17.786	5:44	Run	(M)35-39
228	352	Pardy	Bruce	4:02:35.776	5:45	Run	(M)40-49
229	320	Nyangeni	Emmanuel	4:03:11.456	5:46	Run	(M)40-49
230	402	Ranger	Bryan	4:03:12.053	5:46	Run	(M)35-39
231	443	Ackermann	Henke	4:03:19.036	5:46	Run	(M)50-59
232	264	Krause	Lindy	4:03:29.786	5:46	Run	(F)0-34
233	342	Sparg	Justin	4:03:32.540	5:46	Run	(M)0-34
234	349	Wiseman	Andrew	4:03:59.946	5:47	Run	(M)40-49
235	481	Flynn	Cristin	4:04:11.040	5:47	Run	(F)0-34
236	508	Landu	Vuyo	4:04:11.600	5:47	Run	(M)40-49
237	447	Muller	Tracey	4:04:12.530	5:47	Run	(F)0-34
238	494	Siboto	Jabulani	4:04:13.303	5:47	Run	(M)0-34
239	58	Maclachlan	Andrew	4:04:17.540	5:47	Run	(M)0-34
240	81	Nkosi	Lungile	4:04:52.040	5:48	Run	(F)40-49
241	121	Kirsten	Neville	4:05:13.036	5:49	Run	(M)60-79
242	408	Tiltmann	Brenden	4:05:15.486	5:49	Run	(M)40-49
243	506	Annesley	Shane	4:05:15.790	5:49	Run	(M)50-59
244	336	Meier	Nigel	4:05:17.436	5:49	Run	(M)40-49
245	416	Qumntu	Mbulelo	4:05:53.290	5:50	Run	(M)0-34
246	100	Gazi	Mandisi	4:06:50.540	5:51	Run	(M)40-49
247	500	Van Wyk	Michael	4:06:55.043	5:51	Run	(M)0-34
248	42	Arthur	Graham	4:07:06.543	5:51	Run	(M)50-59
249	407	Fourie	Dale	4:07:10.043	5:51	Run	(M)35-39

250	43	Arnott	Katharine	4:07:10.293	5:51	Run	(F)0-34
251	249	Matshikiza	Basanda	4:07:11.210	5:51	Run	(M)35-39
252	201	Madwabi	Sicelo	4:07:21.043	5:52	Run	(M)35-39
253	560	Chotsheni	Wiseman	4:07:48.793	5:52	Run	(M)35-39
254	375	Ryan	Cillian	4:08:01.543	5:53	Run	(M)0-34
255	91	Loxton	Melanie	4:08:22.440	5:53	Run	(F)35-39
256	13	Louw	Yvette	4:09:40.046	5:55	Run	(F)35-39
257	268	Rolfe	Lauren	4:09:50.546	5:55	Run	(F)35-39
258	422	Conlon	Harland	4:09:53.636	5:55	Run	(M)35-39
259	c6	Koekemoer	Darryl	04:10:19AM	5:56	Run	(M)0-34
260	550	Miza	Vuyisile	4:10:31.546	5:56	Run	(M)40-49
261	440	Heurlin	Catherine	4:10:49.046	5:57	Run	(F)40-49
262	474	Buitendag	Paul	4:11:01.483	5:57	Run	(F)40-49
263	462	Murray	Steve	4:11:07.546	5:57	Run	(M)0-34
264	393	Thusi	Scelo	4:11:09.796	5:57	Run	(M)40-49
265	232	Mkhokeli	Sivuyile	4:11:10.796	5:57	Run	(M)0-34
266	338	Burton	Silvia	4:11:33.296	5:58	Run	(F)50-59
267	311	Spooner	Matthew	4:12:58.946	6:00	Run	(M)0-34
268	374	Mercer	Maria	4:12:58.946	6:00	Run	(F)50-59
269	463	Mbedhli	Moses	4:12:58.946	6:00	Run	(M)35-39
270	84	Van Riel	Douw	4:14:41.993	6:02	Run	(M)35-39
271	348	Seddon	Patrick	4:14:41.993	6:02	Run	(M)50-59
272	350	Casey	Talitha	4:14:41.993	6:02	Run	(F)0-34
273	204	Mqoqi	Zolani	4:14:50.576	6:02	Run	(M)35-39
274	404	Donaldson	Janine	4:16:43.053	6:05	Run	(F)35-39
275	505	Van Der Spuy	Suegnet	4:16:45.300	6:05	Run	(F)0-34
276	413	Krause	Suzette	4:16:47.053	6:05	Run	(F)50-59
277	383	Hucklesby	Louise	4:17:28.810	6:06	Run	(M)50-59
278	417	Qweleka	Sazile	4:17:29.293	6:06	Run	(M)0-34
279	461	Mgubuli	Zuko	4:17:29.303	6:06	Run	(M)0-34
280	390	Nongauza	Sinalo	4:17:39.053	6:06	Run	(F)0-34
281	430	Whitaker	Brendan	4:17:42.803	6:06	Run	(M)0-34
282	c8	Dekeda	Soso	04:18:12AM	6:07	Run	(F)0-34
283	130	Mbulawa	Zukiswa	4:18:22.436	6:07	Run	(M)40-49
284	254	Visser	Marlize	4:18:22.436	6:07	Run	(F)0-34
285	185	Kolisile	Mpumelelo	4:19:30.526	6:09	Run	(M)40-49
286	97	Cochran	Anthony	4:20:09.806	6:10	Run	(M)40-49
287	168	Khumalo	Khumbulani	4:20:28.056	6:10	Run	(M)0-34
288	233	Thisani	Maureen	4:20:28.306	6:10	Run	(F)35-39
289	377	Rennie	Charles	4:20:59.056	6:11	Run	(M)50-59
290	99	Moumakwa	Boifang	4:22:06.056	6:13	Run	(M)35-39
291	101	Butt	Nic	4:22:20.566	6:13	Run	(M)40-49
292	272	Lilford	Louise	4:23:06.556	6:14	Run	(F)40-49
293	518	Hina	Mbuyiselo	4:23:15.880	6:14	Run	(M)50-59
294	490	Chan	Neville	4:23:30.326	6:15	Run	(M)60-79
295	44	Khoza	Bongani	4:23:40.193	6:15	Run	(M)0-34
296	382	Janse Van Vuuren	Ria	4:23:43.060	6:15	Run	(F)50-59
297	289	Eldridge	Sharon	4:23:50.060	6:15	Run	(F)50-59
298	129	Minnie	Gregory	4:23:55.543	6:15	Run	(M)40-49
299	171	Meje	Dingalakhe	4:23:56.196	6:15	Run	(M)40-49

300	326	Richards	Mark	4:23:58.810	6:15	Run	(M)50-59
301	36	Bentley	Margie	4:24:00.306	6:15	Run	(F)40-49
302	368	Els	Stephan	4:24:38.773	6:16	Run	(M)35-39
303	154	Pitt	Maureen	4:24:40.940	6:16	Run	(F)50-59
304	512	Pauls	Shaun	4:24:45.060	6:16	Run	(M)0-34
305	117	Babu	Mathew	4:25:04.310	6:17	Run	(M)0-34
306	514	Shirley	Barrington	4:25:06.333	6:17	Run	(M)35-39
307	206	Greener	Andrew	4:25:17.116	6:17	Run	(M)40-49
308	296	Edwards	Robert	4:25:20.066	6:17	Run	(M)50-59
309	300	Horner	Grant	4:25:24.810	6:17	Run	(M)40-49
310	34	Xalisa	Elvis	4:25:27.310	6:17	Run	(M)40-49
311	527	Wilson	Dean	4:25:33.066	6:18	Run	(M)0-34
312	384	Koen	Riaan	4:25:38.896	6:18	Run	(M)40-49
313	153	Mpemvushe	Gladman	4:25:39.810	6:18	Run	(M)50-59
314	459	Kaplan	Saul	4:25:42.560	6:18	Run	(M)0-34
315	28	Becker	Richard	4:25:51.066	6:18	Run	(M)50-59
316	32	Siyengo	Sphetho	4:25:51.810	6:18	Run	(M)40-49
317	429	Syed Cassim	Aslam	4:26:00.560	6:18	Run	(M)40-49
318	7	Webber	Brian	4:26:05.783	6:18	Run	(M)60-79
319	314	Spooner	Kate	4:26:11.066	6:18	Run	(F)0-34
320	229	Mteyise	Nomapa	4:26:25.060	6:19	Run	(F)35-39
321	198	Jizana	Pambili	4:26:37.060	6:19	Run	(M)50-59
322	196	Mnqandi	Philisa	4:26:42.313	6:19	Run	(M)50-59
323	174	Jita	Ntembiso	4:27:14.310	6:20	Run	(M)50-59
324	458	Unknown	Unknown	4:27:23.563	6:20	Run	(M)50-59
325	161	Naude	Samantha	4:27:29.563	6:20	Run	(F)40-49
326	162	Naude	Greig	4:27:30.813	6:20	Run	(M)40-49
327	438	Ridley	Bryan	4:28:01.313	6:21	Run	(M)0-34
328	62	Douthwaite	Vauneen	4:28:24.313	6:22	Run	(F)50-59
329	11	Sissing	Nick	4:28:56.076	6:22	Run	(M)50-59
330	305	Walters	Shantelle	4:29:06.813	6:23	Run	(F)40-49
331	247	Tshuku	Bongani	4:29:20.813	6:23	Run	(M)40-49
332	14	Roux	Christine	4:30:07.423	6:24	Run	(F)40-49
333	210	Dingi	Nceba	4:30:35.660	6:25	Run	(M)35-39
334	491	Mahomed	Sihaan	4:30:45.583	6:25	Run	(M)50-59
335	72	Simons	Selwyn	4:31:08.566	6:25	Run	(M)0-34
336	170	Fitzpatrick	Bernard	4:31:29.066	6:26	Run	(M)50-59
337	217	Whitfield	Jason	4:31:35.603	6:26	Run	(M)0-34
338	50	Hunt	Roxanne	4:31:43.316	6:26	Run	(F)0-34
339	360	Mbebe	Nombuliso	4:32:09.066	6:27	Run	(F)50-59
340	548	Mckerry	Janice	4:32:38.076	6:28	Run	(F)40-49
341	120	Mancoba	Ndabezitha	4:32:56.066	6:28	Run	(M)0-34
342	295	Sparg	Derek	4:33:12.403	6:28	Run	(M)50-59
343	509	Rodgers	Randolph	4:33:23.390	6:29	Run	(M)40-49
344	288	Ngonyama	Fikiswa	4:33:47.566	6:29	Run	(F)0-34
345	325	Dimba	Bafana	4:33:51.906	6:29	Run	(M)40-49
346	287	Acton	Annamarie	4:34:36.820	6:30	Run	(F)40-49
347	371	Anderson	Steve	4:34:41.320	6:31	Run	(M)40-49
348	71	Buthelezi	Ncmusa	4:34:53.070	6:31	Run	(F)0-34
349	166	Klose	Trevor	4:35:00.440	6:31	Run	(M)60-79

350	173	Pina	Monwabisi	4:35:20.790	6:31	Run	(M)35-39
351	85	Maxhayi	Andile	4:35:25.733	6:32	Run	(M)40-49
352	367	Rooney	Antony	4:35:56.820	6:32	Run	(M)50-59
353	468	Ahlschlager	Stephen	4:35:57.436	6:32	Run	(M)40-49
354	391	Preston	Geoff	4:36:02.820	6:32	Run	(M)60-79
355	355	Johnson	Shaileen	4:36:04.080	6:33	Run	(F)40-49
356	202	Hofart	Gregory	4:36:17.070	6:33	Run	(M)0-34
357	341	Ngwadla	Ncediwe	4:36:26.156	6:33	Run	(M)40-49
358	323	Kemp	Michelle	4:36:38.813	6:33	Run	(F)35-39
359	260	Hanes	Cuan	4:37:20.996	6:34	Run	(M)40-49
360	244	Mbila	Vusumzi	4:37:25.076	6:34	Run	(M)40-49
361	251	Phillips	Dena	4:37:30.363	6:35	Run	(F)40-49
362	181	Duffey	David	4:37:35.676	6:35	Run	(M)50-59
363	33	Coetzee	Maryna	4:37:40.176	6:35	Run	(F)40-49
364	503	Toni	Simthandile	4:37:45.806	6:35	Run	(M)0-34
365	226	Barnes	Mongezi	4:37:50.213	6:35	Run	(M)35-39
366	92	Matokazi	Nosipho	4:38:29.823	6:36	Run	(F)0-34
367	410	Sidloyi	Bulelani	4:38:31.346	6:36	Run	(M)0-34
368	182	Kambule	Alex	4:38:32.053	6:36	Run	(M)40-49
369	354	Johnson	Darron	4:38:33.220	6:36	Run	(M)40-49
370	172	Yanta	Titiba	4:38:34.540	6:36	Run	(M)40-49
371	45	Lepman	Boitumelo	4:38:35.420	6:36	Run	(M)0-34
372	193	Zwane	Bongani	4:38:36.786	6:36	Run	(M)40-49
373	96	Ngcayicibi	Sonwabo	4:38:37.073	6:36	Run	(M)40-49
374	419	Birch	Chester	4:38:37.596	6:36	Run	(M)0-34
375	483	Norris	Dale	4:38:38.630	6:36	Run	(M)0-34
376	94	Landu	Nomvuyo	4:38:39.630	6:36	Run	(F)40-49
377	6	Guest	Ryan	4:38:48.323	6:36	Run	(M)0-34
378	83	Minnie	Graham	4:38:50.406	6:36	Run	(M)40-49
379	207	Daniso	Samkelisiwe	4:39:32.633	6:37	Run	(M)0-34
380	475	Yengwa	Nosipho	4:39:52.823	6:38	Run	(F)0-34
381	555	Pefola	Tsepo	4:40:06.690	6:38	Run	(M)35-39
382	473	Stapelberg	Willem	4:40:31.826	6:39	Run	(M)40-49
383	93	Sam	Vuka	4:40:39.076	6:39	Run	(M)35-39
384	545	Jones	Vanessa	4:41:41.076	6:40	Run	(F)50-59
385	140	Mguba	Anathi	4:41:52.576	6:41	Run	(F)0-34
386	108	Gogela	Mmampho	4:42:00.946	6:41	Run	(F)40-49
387	56	Wilcock	Chris	4:42:11.076	6:41	Run	(M)50-59
388	257	Botha	Mark	4:42:12.326	6:41	Run	(M)50-59
389	86	Kwinama	Thembela	4:42:48.826	6:42	Run	(M)50-59
390	397	Lottering	Abigail	4:42:49.733	6:42	Run	(F)0-34
391	309	Torgius	Shaun	4:42:52.830	6:42	Run	(M)40-49
392	184	Ngamlana	Mncedi	4:43:01.826	6:42	Run	(M)40-49
393	370	Mafongosi	Sipelele	4:43:43.576	6:43	Run	(F)0-34
394	190	Mabala	Siyasanga	4:44:06.770	6:44	Run	(F)35-39
395	164	Kirton	Kevin	4:44:07.543	6:44	Run	(M)50-59
396	553	Maye	Mandla	4:44:45.816	6:45	Run	(M)40-49
397	189	Zazini	Vuyokazi	4:45:29.830	6:46	Run	(M)35-39
398	111	Bowman	Dave	4:45:31.580	6:46	Run	(M)50-59
399	135	Jameson	Mahalweni	4:45:33.190	6:46	Run	(M)50-59

400	265	Jones	Russell	4:45:37.040	6:46	Run	(M)0-34
401	133	Pook	Charmaine	4:45:54.080	6:46	Run	(F)40-49
402	132	Pook	Shaun	4:45:56.853	6:47	Run	(M)50-59
403	286	Rolfe	Mike	4:46:00.580	6:47	Run	(M)60-79
404	499	Green	Johannes	4:46:46.856	6:48	Run	(M)50-59
405	460	Smit	Henri	4:47:05.116	6:48	Run	(M)40-49
406	351	Wasserfall	John	4:47:18.316	6:48	Run	(M)60-79
407	339	Burton	Peter	4:47:42.833	6:49	Run	(M)50-59
408	498	Venter	Joey	4:48:07.066	6:50	Run	(F)35-39
409	107	Stander	Joseph	4:48:28.690	6:50	Run	(M)60-79
410	532	Zingo	Amosi	4:49:11.093	6:51	Run	(M)50-59
411	37	Booyesen	Pieter	4:49:23.153	6:51	Run	(M)60-79
412	102	Henderson	Neil	4:49:24.833	6:51	Run	(M)50-59
413	128	Robertson	Stuart	4:49:25.930	6:51	Run	(M)35-39
414	158	Smit	Mike	4:49:26.606	6:52	Run	(M)50-59
415	312	Burger	Marizanne	4:51:01.336	6:54	Run	(F)40-49
416	313	Burger	Morne	4:51:03.103	6:54	Run	(M)40-49
417	230	Jayiya	Sabelo	4:51:25.086	6:54	Run	(M)50-59
418	54	Mlangeni	Kholiwe	4:51:48.066	6:55	Run	(F)40-49
419	478	Mtyobile	Gcobisa	4:52:27.086	6:56	Run	(F)35-39
420	307	Foord	Margie	4:52:39.086	6:56	Run	(F)40-49
421	243	Allan	Carlos	4:53:22.046	6:57	Run	(M)35-39
422	118	Stringer	Deborah	4:53:23.320	6:57	Run	(F)35-39
423	465	Julyan	Morne	4:53:37.586	6:57	Run	(M)0-34
424	252	Rielly	Andrew	4:53:39.336	6:58	Run	(M)40-49
425	12	Cormack	Roger	4:53:39.650	6:58	Run	(M)60-79
426	469	Botha	Degert	4:53:40.086	6:58	Run	(M)0-34
427	197	Mdakane	Musa	4:53:54.796	6:58	Run	(M)0-34
428	218	Whitfield	Steven	4:54:46.030	6:59	Run	(M)40-49
429	546	Pupuma	Tandisa	4:54:46.090	6:59	Run	(F)35-39
430	46	Seymore	Althea	4:54:46.296	6:59	Run	(F)40-49
431	248	Fele	Babalwa	4:54:46.840	6:59	Run	(F)0-34
432	98	Mooka	Ramosweu	4:54:46.886	6:59	Run	(M)35-39
433	213	Lobese	Vuyiswa	4:54:47.840	6:59	Run	(F)0-34
434	472	Mpange	Pamela	4:55:20.100	7:00	Run	(F)40-49
435	131	Pottinger	Tonja	4:55:20.840	7:00	Run	(F)40-49
436	318	Luouw	Nadia	4:55:22.503	7:00	Run	(F)0-34
437	195	Bridger	Bronwyn	4:55:25.270	7:00	Run	(F)35-39
438	240	Booi	Sibongile	4:56:26.813	7:01	Run	(F)40-49
439	528	Bottcher	Vicki	4:57:17.533	7:03	Run	(F)40-49
440	277	Lauten	Amy	4:57:32.590	7:03	Run	(F)35-39
441	250	Ndaba	Bua	4:58:06.843	7:04	Run	(M)0-34
442	9	Lincoln	Lauren	4:58:18.343	7:04	Run	(F)40-49
443	78	Greeff	Niel	4:58:30.293	7:04	Run	(M)35-39
444	79	Jwili	Immaculate	4:58:53.093	7:05	Run	(F)40-49
445	55	Bonela	Zweli	4:58:55.840	7:05	Run	(M)40-49
446	426	Naidu	Thavantharan	4:58:57.196	7:05	Run	(M)50-59
447	80	Madlala	Priscilla	4:59:25.093	7:06	Run	(F)40-49
448	501	Scheepers	Alec	5:00:21.093	7:07	Run	(M)0-34
449	482	Mtshala	Gabs	5:00:39.093	7:07	Run	(M)40-49

450	49	Rogers	Annetjie	5:01:25.096	7:09	Walk	(F)40-49
451	255	Botton	Patricia	5:03:01.846	7:11	Run	(F)50-59
452	124	Qolo	Thembi	5:03:13.846	7:11	Run	(F)0-34
453	454	Mabalekoa	Sentsele	5:04:15.633	7:13	Run	(M)0-34
454	556	Botha	Siyabulela	5:05:02.110	7:14	Run	(M)35-39
455	70	Abrams	Rianus	5:07:16.106	7:17	Run	(M)0-34
456	39	Drake	Brendon	5:07:47.853	7:18	Run	(M)40-49
457	315	Govender	Michelle	5:08:06.473	7:18	Run	(F)40-49
458	238	Sigcawu	Nomaxhosa	5:09:06.603	7:19	Run	(F)50-59
459	194	Sipika	Ntombi	5:10:50.853	7:22	Run	(F)35-39
460	177	Bowen	Jason	5:11:50.106	7:23	Run	(M)35-39
461	343	Tabiso	Mbiyozo	5:12:10.533	7:24	Run	(F)50-59
462	310	Herbst	Robyn	5:12:12.963	7:24	Run	(F)40-49
463	241	Magobiane	Zimbini	5:13:17.410	7:25	Run	(F)35-39
464	187	Brooks	Errol	5:13:49.356	7:26	Run	(M)50-59
465	225	Buwa	Fikile	5:15:20.356	7:28	Run	(M)50-59
466	109	Beling	Brian	5:15:39.120	7:29	Run	(M)60-79
467	163	Els	Clinton	5:19:41.846	7:35	Run	(M)35-39
468	542	Diedricks	Nicolet	5:20:15.613	7:35	Run	(F)40-49
469	493	Behrens	Dru	5:21:21.113	7:37	Run	(F)35-39
470	263	Mcloughlin	Monica	5:21:42.366	7:37	Run	(F)0-34
471	442	Cohen	Linda	5:22:06.496	7:38	Run	(F)50-59
472	517	Anthony	Xolile	5:23:53.116	7:40	Walk	(M)50-59
473	414	Mohlakoana	Ntombifuthi	5:23:54.866	7:41	Run	(F)0-34
474	26	Rossouw	Clinton	5:25:54.370	7:43	Run	(M)0-34
475	400	Vawda	Junaid	5:28:51.123	7:48	Run	(M)0-34
476	48	Muller	Petro	5:35:07.376	7:56	Run	(F)50-59
477	516	Lottering	Louise	5:36:57.130	7:59	Walk	(F)0-34
478	57	Claassen	Darryl	5:38:20.946	8:01	Run	(M)0-34
479	c1	Richardson	Paula	05:40:35AM	0,34	Run	(F)60-79
480	534	Ngcikhwe	Xolani	5:50:37.723	8:19	Run	(M)40-49
481	270	Sikhakhane	Nomvula	5:50:42.723	8:19	Run	(F)40-49
482	535	Lutshaba	Fanelwa	5:50:44.973	8:19	Run	(F)35-39
483	436	Zitumane	Vuyo	5:54:49.476	8:24	Run	(F)40-49
484	510	Pretorius	Quinton	5:55:46.226	8:26	Run	(M)0-34
485	306	Landsman	Karen	5:57:36.980	8:28	Run	(F)40-49
486	c3	Page	Marilyn	06:00:03AM	0,356	Run	(F)60-79
487	281	Lombard	Solette	6:05:23.236	8:40	Run	(F)40-49
488	282	Lombard	Hendrik	6:05:25.486	8:40	Run	(M)40-49
489	27	Rossouw	Smartryk	6:06:27.763	8:41	Walk	(M)60-79